WHITESTOWN ICE RINK HOSTS
Skills Development Clinic
Directed by Utica College Head Coach, Gary Heenan

Coach Gary Heenan, founder and current Head Coach of Utica College Hockey was an all-star player at Hamilton College before playing professionally in Europe. Coach Heenan owns Heenan's Hockey Systems, an international hockey camp also offering one week camps in Whitestown July 12th - July 16th and August 2nd - August 6th, 2010. Coach Heenan is aggressive in his methods and demands perfection. You're in the right camp if your player wants to work hard while getting better.

Skating
--- Power Skating
--- Backward Skating for defensemen
--- Crossovers

Goal Scoring
--- Developing stick speed while shooting
--- Learning the art of when to shoot and when to deke
--- Shooting Techniques

Power Control
--- Developing Stick fakes
--- Protecting the puck

Defensemen
--- Developing defensemen skills
--- Learn how to check
--- Work on one-on-one, two-on-two three-on-three

Monday Evening Clinic
(Mites, 5:00 - 6:00; Squirt/PW, 6:10-7:10, Bantam/Midget, 7:20-8:20)
April 5 - May 31 no class April 19th
REGISTRATION FEE: $150 Per Player - Last day of registration will be Mar 29th.

Name: __________________________________________ Telephone ( ) ______________________
Address: __________________________________________ City __________________________
State: _________ Zip: ____________ DOB: __________________________
Parent/Guardian Signature: __________________________ Level: __________________________

Email Address __________________________________________
Checks Payable to: Town of Whitestown 1 Championship Way, Whitesboro, NY 13492
(315) 768-6047