

Tuition

- \$150 per camper
- Sibling Discount: \$130 per camper
- A \$75 non-refundable deposit must accompany the application. The remaining balance is due prior to participation in the camp.
- Please make checks payable to: **BergieSports**

Tuition includes:

- Individualized Instruction
- Energetic and Qualified Staff
- Camp T-Shirt
- Use of State-of-the-Art Field Turf Surface
- Athletic Trainer on Site

Campers must provide their own lunch

Water and Gatorade will be provided

But please bring a water bottle.



BergieSports

Bergie Sports Field Hockey Camp
Utica College
1600 Burrstone Rd
Utica, NY 13502
315.792.3776

Bergie Sports Field Hockey Camp at Utica College



**Day Camp for Girls
Entering Grades 7-12**

July 6-9, 2009

9:00 AM to 3:00 PM

Rain or Shine

Bergie Sports Field Hockey Camp at Utica College

Application

All participants must have a parent or guardian signature in order to participate.

Activities

Fundamental Skills

- Hitting
- Receiving
- Ball Control/Stick work
- 1 v 1 Defense/Offense
- Teamwork

Goalkeeping

- Footwork/Agility
- Basic/Intermediate Skills
- Drills

Special Situations

- Corners
- Long Hits
- Free Hits

Small Games

Philosophy

Bergie Sports Field Hockey Camp strives to make every day at camp a fun and exciting learning experience. The staff will focus on each individual camper, helping her to learn and grow as a field hockey player.

Staff

Sarah Bergmann

Drew University '05
Utica College Head Field Hockey Coach

Brittney Paye

William Smith '08
2007 First Team All-American
Utica College Assistant Field Hockey Coach

Utica College Varsity Field Hockey Players

Schedule

Monday-Thursday:
9:00 AM—3:00 PM

Thursday 2:30 PM Camp Awards

Contact Information

Field Hockey Office: 315.792.3776
Skbergmann@utica.edu

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Utica, NY 13502**

Player Name _____

Address _____

City _____

State _____ Zip _____

Phone _____

Email _____ Age _____

School _____

Positions Played _____

Grade Entering in '09 _____

Application Deadline, June 20th, 2009

Parent Permission

I grant permission for my child to participate in all aspects of Bergie Sports Field Hockey Camp at Utica College. I certify that my child is physically able to participate and that I will assume responsibility for all medical costs. Furthermore, I authorize the director and the athletic trainer to act for me according to their best judgment in any emergency requiring medical attention.

Parent Name (print) _____

Signature _____

Emergency Contact _____

Emergency Phone _____

Insurance Carrier _____

Policy Number _____