First Steps In Getting Support and/or Making A Report:

1. Get to a safe place. If you are reaching out right after an assault has occurred, get to a place where you feel safe. That might be your own room or that of a friend, home with your family, or an office on campus.

2. Get help. If you feel you’re able to, consider telling someone you trust what has happened. Call for medical attention and/or emotional support—numbers for on and off campus resources are in this pamphlet.

3. Decide about making a report. Regardless of how recently the assault took place, these resources are available to you, and you can report it. Call or walk in to one of the offices in this pamphlet to get support, make a report and/or talk about your options. If you wish to file a formal complaint, you can do so by filling out the complaint form found at: http://www.utica.edu/college/tix/report.cfm

4. Title IX coordinator contact and support: A Title IX Coordinator will reach out to you as soon as possible after receiving a report from you or one of the private/non-confidential reporting resource people. S/he will make sure you have the information and are connected to the resources you need to make choices about next steps.

Remember: Confidential resources cannot by law disclose any information discussed during sessions, which includes information pertaining to sexual assault, dating violence, intimate partner violence, and/or stalking. Information may only be shared if the student gives a confidential resource permission to do so. The only time a confidential resource would be able to share information without the student’s permission is if the student is in imminent danger of hurting themselves or someone else.

Private, non-confidential resources share information only with those who need to know, but cannot promise confidentiality.

DEFINITIONS*

Sexual Assault/Misconduct...
Sexual Assault or Misconduct encompasses any sexual activity that occurs without the victim’s consent.

Domestic or Dating Violence...
is the use of physical violence, coercion, threats, intimidation, isolation or other forms of violence a pattern of verbally, physically, or sexually abusive behavior directed towards a person who is, or has been, in a social relationship of a romantic or intimate nature with each other, including spouses or former spouses, cohabiting romantic partners, individuals who share a child in common, or others in a family relationship.

Stalking...is persistent behavior directed at a specific individual that is experienced as unwelcome, intrusive or induces fear. Stalking is a pattern of behavior that results in the targeted individual of the behavior feeling harassed and threatened.

Consent is defined as sexual permission. Affirmative consent is a knowing, voluntary, and mutual decision among all participants to engage in any form of sexual activity. Consent can be given by word or action, but non-verbal consent is less clear than explicit verbal consent. In addition, consent to some form of sexual activity can not be automatically taken as consent to any other sexual activity. Effective consent can not be given by a person who is unable to understand what they are doing or is not of legal age (which is 17 in New York).

*For full definitions and other related information, please see http://www.utica.edu/college/tix/
**Student Bill of Rights**

All individuals have the right to:

1. Make a report to the College, local law enforcement, and/or state police;
2. Have disclosures of domestic violence, dating violence, stalking, and sexual assault treated seriously;
3. Make a decision about whether or not to disclose a crime or violation and participate in the conduct process and/or criminal justice process free from pressure by Utica College;
4. Participate in a process that is fair, impartial, and provides adequate notice and a meaningful opportunity to be heard;
5. Be treated with dignity and to receive from the College courteous, fair, and respectful health care and counseling services, where available;
6. Be free from any suggestion that the reporting individual is at fault when these crimes and violations are committed, or should have acted in a different manner to avoid such crimes or violations;
7. Describe the incident to as few College representatives as practicable and not be required to unnecessarily repeat a description of the incident;
8. Be protected from retaliation by Utica College, any student, the accused and/or the respondent, and/or their friends, family, and acquaintances within the jurisdiction of Utica College;
9. Access to at least one level of appeal of a determination;
10. Be accompanied by an advisor of choice who may assist and advise a reporting individual, accused, or respondent throughout the conduct process including during all meetings and hearings related to such process; and
11. Exercise civil rights and practice of religion without interference by the investigative, criminal justice, or judicial or conduct process of Utica College.

**Confidential Resources**

Confidential resources cannot disclose any information by law. The only time that information will be disclosed is with permission from the student or if the student is in imminent danger of hurting themselves or someone else.

**On Campus**

**Counseling Center/Student Health Center**
Student Health & Wellness Center
Strebel Student Center, room 204
(315) 792-3094
To contact a counselor after office hours or on weekend, call Campus Safety at (315) 792-3046.

**Safe Trax Program Director**
Jennifer Jones, Strebel Student Center, room 105B
jkjones@utica.edu
Office: (315) 792-3708 Cell: (315) 269-6238
*On call and can also be reached through the Office of Campus Safety—(315) 792-3046

**YWCA Campus Advocate**
Hotline: (315) 797-7740

**Off Campus**

**YWCA of the Mohawk Valley**
24-Hour Hotline and Referrals
(315) 797-7740
(Oneida County, Domestic/Sexual Violence)
(315) 866-4120
(Herkimer County, Sexual Violence)

**Local Hospitals**
Faxton-St. Luke’s Emergency Room
(315) 624-6112
St. Elizabeth’s Emergency Room
(315) 801-8111

For online or branch campus students and employees, please see the Title IX webpage at www.utica.edu/tix for resources in your area.