SASP
STUDENT ACADEMIC SUCCESS PROGRAM

WORKSHOP SERIES
EVERY WEDNESDAY AT 1:30PM
THURSTON AUDITORIUM

September 1: Opening Workshop
September 8: Organization 101
September 15: What's on your calendar?
September 22: Time Management
September 26: Sticking to your Goals
October 6: Stress Management & Self-Care
October 13: Asking for help!
October 20: Communication- What is it?
October 27: I'm in class... Now What?
November 3: Are you on the right path?
November 10: Life after SASP
November 17: Financial Aid 101
December 1: Finals Week Prep

Workshops are open to all students!
For more information please contact Student Success at studentsuccess@utica.edu