



**School of Health Professions and Education**

**Occupational Therapy Program**

**OCCUPATIONAL THERAPY  
STUDENT HANDBOOK**

2021-2022

Name: \_\_\_\_\_ Advisor: \_\_\_\_\_

**TABLE OF CONTENTS**

Welcome..... 3

Purpose..... 3

Occupational Therapy Mission ..... 4

Occupational Therapy Vision ..... 4

Philosophy of Occupational Therapy ..... 4

Philosophy of Education..... 5

Program Goals and Curricular Threads.....6

Length of Time to Completion..... 8

Retention and Progress..... 8

Continuous Enrollment..... 9

Financial Aid..... 9

Academic Requirements ..... 9

UC Occupational Therapy Curriculum..... 11

Overview of Fieldwork Experiences .....15

Graduate Research ..... 17

Policies and Procedures of the OT Program..... 18

Health and Safety during Educational Experiences..... 18

Transporting of Students .....20

Ethical Violations .....20

Grading..... 21

Attendance..... 22

Submission of Assignments.....	23
Confidentiality.....	24
Certification for Occupational Therapists .....	25
Licensure for Occupational Therapists.....	25
Appendices	
A. Bibliography .....	26
B. Course Descriptions.....	28
C. American Occupational Therapy Association .....	33
New York State Occupational Therapy Association.....	33
D. Occupational Therapy Faculty and Staff Contact Information .....	34
Confirmation of receipt (to be returned to the School) .....	35
Photo release (to be returned to the School) .....	36

## ***Welcome !***

The faculty and staff welcome you to the occupational therapy program at Utica College! We hope you find your time with us both challenging and satisfying.

We are proud of the accomplishments of our students and graduates. Our graduates work in a variety of arenas of health care including hospitals, rehabilitation centers, schools, nursing homes, community programs, and private practice. Several of our students and graduates have presented at national and state conferences and many have published in occupational therapy and health related journals. Our program is distinctive in its collaborative community alliances that enable faculty and students to meet the needs of society while at the same time developing the professional behaviors and autonomous, critical thinking needed for current practice.

## ***Purpose***

This handbook is intended to be a resource to you as you move through our program. It includes information on the curriculum and the courses you will take, as well as the sequence in which you will take them. It provides you with information related to the ethical and professional behaviors we expect of our students. It also provides you with links to information including the policies and procedures which drive many of the actions carried out by staff, faculty, and administration at Utica College.

***Students in the occupational therapy program are required to become familiar with the information provided in this handbook, as well as the information provided on the websites referred to in this handbook. You will be asked to sign off on your familiarity with this handbook (see the last page).***

We encourage you to have frequent communication with members of the faculty and particularly with your academic advisor. Your advisor has a role in facilitating your academic success and career preparation. Occupational therapy advisors' office numbers, phone numbers, and email addresses are listed in Appendix D of this handbook. You should also become familiar with the information found on the [Utica College Academic Advising](http://www.utica.edu/academic/advising/) webpage at <http://www.utica.edu/academic/advising/>.

The Utica College Occupational Therapy program has been approved by the New York State Education Department. It is accredited by the Accreditation Council for Occupational Therapy Education (ACOTE) of the American Occupational Therapy Association (AOTA), located at

6116 Executive Boulevard, Suite 200 North Bethesda, MD 20852-4929. ACOTE's telephone number, c/o AOTA, is (301) 652-AOTA [301-652-2682] and its Web site is [www.acoteonline.org](http://www.acoteonline.org).

***Students are expected to be members of the AOTA. Evidence of membership status will be collected in the fall of each academic year.***

Graduates of this program will be eligible to apply to take the national certification examination for occupational therapists that is administered by the National Board for Certification in Occupational Therapy (NBCOT) (<http://www.nbcot.org/>). Successful performance on this exam is required by most states for licensure.

### ***Utica College Occupational Therapy Mission Statement***

We facilitate learners' transformation into autonomous thinkers, competent occupational therapists, and innovative leaders through scholarly, professional, and community-oriented educational experiences.

### ***Utica College Occupational Therapy Vision Statement***

To be recognized as a regional center of academic excellence in occupational therapy, providing a graduate educational program that exceeds the standards of the profession (ACOTE, 2018) while at the same time establishing local and global community alliances for innovative, collaborative projects and fieldwork that provide opportunities for professional development, scholarship, and addressing issues of justice.

### ***Philosophy of Occupational Therapy***

Humans are complex occupational beings who face occupational challenges (Gustafsson et al., 2014). They drive the process for change through individual choice and control.

Human occupation refers to being, doing and becoming: all of the activities that people are regularly engaged in and the contexts and meanings of this engagement. It is a core belief of the profession of occupational therapy that there exists a positive relationship between occupations, health, and well-being (AOTA, 2020).

Occupational therapy is the art and science of maximizing human potential and facilitating health and well-being by enabling participation in goal-directed, meaningful occupation (AOTA, 2017).

Client-centered and humanistic in nature, occupational therapy is directed toward persons, groups, and populations (AOTA, 2020). Occupational therapy is concerned with the client, their contexts and occupations, and the dynamic interaction among and between these factors.

Consistent with global trends in health care as reported by the World Health Organization and with trends in occupational therapy practice, occupational therapy professionals believe in the power of participation in occupation as both the means and goal of occupational therapy with human well-being and occupational justice as the ultimate outcomes (AOTA, 2017).

### ***Philosophy of Education***

The Utica College Occupational Therapy faculty offer an occupation-centered curriculum (Hooper, 2006) that employs a transformative learning approach (Mezirow, 1997; 2000). We are committed to diversity, equity and inclusion in our curriculum, teaching practices, and relationships with students, colleagues, and community members. We facilitate a safe but challenging learning environment that honors free expression while fostering mutual respect and cultural humility.

As much as possible, the faculty provides an individualized and facilitative instructional approach that meets students' learning needs while developing their self-efficacy, ethical reasoning and the assumption of personal responsibility for self-directed and life-long learning (Hiemstra, 2013).

We provide guided engagement with diverse populations, contexts, and perspectives. We promote critical, reflective questioning of preconceptions (Kinsella, 2000; Thompson & Pascal, 2012). We encourage the earnest pursuit of accurate, integrated, theory- and evidence-based understandings of occupation, occupational therapy practice, disability, and human well-being (Baker & Tickle-Degnen, 2013).

We believe that learning occurs best through collaborative experiences (Barkley, Major & Cross, 2014) and active professional and community-engaged participation (Hammel et al., 2015) in the teaching-learning process.

## ***Program Goals and Curricular Threads***

***Successful graduates from this program will...***

**Curricular Thread #1: Occupation** *is the integral thread in the fabric of the curriculum for occupational therapy.*

**Program Goal 1:** *Demonstrate an understanding of how engagement in occupation supports participation in context.*

At the end of the first year: *Articulate a working definition of OT and apply occupation-based concepts to the occupational therapy process within practice settings.*

At the end of the second year: *Evaluate and facilitate occupation-based practice with people, populations and communities.*

**Curricular Thread #2:** *Autonomous, **critical thinking** serves as an essential foundation for the development of the clinical reasoning, reflective thinking, and synthesis of research needed for evidence-based practice.*

**Program Goal 2:** *Demonstrate critical thinking and analysis for innovative, evidence-based practice.*

At the end of the first year: *Develop reflective thinking and apply circles of evidence to the occupational therapy process within practice settings.*

At the end of the second year: *Analyze and synthesize evidence to support innovative, occupation-based practice for people, populations and communities.*

**Curricular Thread #3: Professional development** *is critical to the continuing competency of an occupational therapist who responds in a professional, effective, and ethical manner.*

**Program Goal 3:** *Demonstrate ethical and professional behaviors.*

At the end of the first year: *Develop awareness of ethics and professional behaviors and apply concepts in a variety of practice settings.*

*At the end of the second year: Identify and navigate ethical and professional dilemmas to support positive outcomes for people, populations and communities.*

***Curricular Thread #4:*** *The appreciation of **diversity** is a foundation for cultural responsiveness and respectful engagement with people, populations and communities.*

***Program Goal 4:*** *Demonstrate cultural responsiveness and an appreciation of diversity to promote occupational justice and inclusion.*

*At the end of the first year: Demonstrate an appreciation of diverse social and environmental factors impacting health, occupational justice, and participation in occupations across contexts.*

*At the end of the second year: Demonstrate skills in addressing occupational needs of diverse people, populations and communities in a way that considers social and environmental factors.*

***Curricular Thread #5:*** *The program supports **practice competencies** across the occupational therapy process in varied settings.*

***Program Goal 5:*** *Demonstrate competent occupational therapy practice in settings across the occupational therapy process for people, populations, and communities and in collaboration with other professionals.*

*At the end of the first year: Demonstrate competency in the roles and activities required of a highly effective, collaborative entry-level occupational therapist practicing in a variety of adult contexts.*

*At the end of the second year: Demonstrate competency in the roles and activities required of a highly effective, collaborative entry-level occupational therapist practicing in a variety of children's contexts.*

***Curricular Thread #6:*** *The program places an emphasis on **research** and evidence to support decision making inherent to the practice and scholarship of occupational therapy.*

***Program Goal 6:*** *Demonstrate the skills necessary to assume the role of beginning research investigator.*



*At the end of the first year: Demonstrate the skills necessary to be an informed consumer of research.*

*At the end of the second year: Demonstrate the skills necessary to be an informed consumer of research, synthesizing existing evidence for decision making, and life-long scholarship.*

### ***Length of Time to Complete the Occupational Therapy Phase Requirements***

The first year of the Occupational Therapy professional phase overlaps with the fourth year of the Health Science B.S. program making it a five year program + 1 summer semester for students who enter in the first year Health Science Program or transfer into the HSOT program during their junior year. Students who enter at the graduate level complete the program in two academic years including a summer fieldwork semester that occurs between years one and two. The program is designed to be completed according to the published academic sequence (see below). Any alteration to this sequence must be approved by the occupational therapy faculty and will most likely have financial implications.

### ***Retention and Progress through the Program***

In order to remain on active academic status, students must meet standards established by the Office of Graduate Studies as well as by the program. Students must read and understand the attendance, academic performance, and progress requirements referenced on the Graduate Studies webpage (<https://www.utica.edu/ogs/index.cfm>). Requirements for graduation may also be found in the Utica College Graduate Catalog (<https://www.utica.edu/academic/catalog/index.cfm>).

***Note that even though you may be an undergraduate student, once admitted into the professional phase of the OT program, you will be held to the standards of graduate education.***

***Students must achieve a grade of “C” or better in all OT courses. If a student earns one “C” in a course they will be given an academic warning. Second C will result in dismissal from the program. Students receiving an F in any course will be out of sequence and thus, dismissed from the program.***

***Students may appeal a dismissal decision to the 1) Chair of the program, 2) Dean of the School of Health Professions and Education, 3) Academic Standards Committee, and 4) Provost (in that order).***

## ***Continuous enrollment/leave of absence***

Students must maintain continuous enrollment in order to maintain status as a matriculated student. Students with unfinished work, including fieldwork or research must meet this standard. There are additional fees associated with this status. Students should refer to the Academic Policies and Procedures section of the Graduate College Catalog (<https://www.utica.edu/academic/catalog/index.cfm>) for further information.

## ***Financial Aid***

It is each student's responsibility to maintain an active relationship with the [Office of Student Financial Services](http://www.utica.edu/finance/sfs/index.cfm) (<http://www.utica.edu/finance/sfs/index.cfm>). It is also imperative that students read and understand the financial obligations associated with attending the occupational therapy program. Students must review the terms of their awards and abide by the academic standards and time frames associated with those awards.

## ***Academic Requirements***

The occupational therapy professional phase includes 69 hours of didactic, community, and fieldwork courses. The sequence of those courses is detailed below. Course descriptions can be found in the appendix of this handbook and in the Graduate Student Catalog. It is important to note that, while the occupational therapy program follows a specific curricular sequence and design, on-going program evaluation may result in curricular alterations in order to maintain the highest academic standards. Faculty may enhance or alter specific course content in order to meet the standards established for the curriculum by our accrediting body, ACOTE, and address current trends impacting the profession. Major curricular changes are processed through the formal campus-based curriculum approval process.

## ***Utica College Occupational Therapy Curriculum***

The Utica College occupational therapy curriculum is designed to follow a developmental and integrated sequence of courses, community and fieldwork experiences to facilitate your transformation from student into an entry-level occupational therapist. The program has two options: Day and Weekend. Courses and the sequence of courses are identical in both options with each course meeting the same essential instructional objectives regardless of option. Expectations for student performance are also identical across both options.

- Day classes meet Monday through Friday with portions of some courses delivered via an on-line format.
- Weekend classes generally meet for a total of seven weekends per semester (Friday evening and all day Saturday and Sunday). All courses have some content delivered online while other courses are completely online. Each weekend Occupational Therapy course has a 25% independent study component.

***Students must be identified by an official UC name badge for all community and fieldwork experiences. Badges can be obtained through campus safety for a minimal fee.***

# UC Occupational Therapy Curriculum

## Master of Science in Occupational Therapy (69 Hours)

### OCCUPATIONAL THERAPY - PROFESSIONAL PHASE

All courses and fieldwork must be taken in the sequence indicated. Please note that there are 5 separate semesters for which you must register and pay tuition and fees.

Fall Semester First Year	
OCT 505 Theoretical Basis of Occupational Therapy	3
OCT 506 Human Occupations	3
OCT 525 Fundamentals of Transformative Learning	2
OCT 526 Case-Informed Discussion: Adolescents and Young Adults	2
OCT 543 Fieldwork Level IA Preparation	0
OCT 551 Fieldwork Level IC: Impact of Context on Practice (requires service hours)	1
OCT 553 Fieldwork Level IA – with adults (completed at the end of fall semester)	1
OCT 571 Occupational Performance: Adolescents and Young Adults (lecture/lab)	4
OCT 573 Fundamentals of Occupational Therapy Practice I	2
IPE 504 Interprofessional Practice and Leadership	1
Total Credits	19

<b>Spring Semester First Year</b>	
OCT 521 Documentation in Practice	1
OCT 527 Case-Informed Discussion: Adults	2
OCT 549 Research Seminar I	1
OCT 552 Fieldwork Level IC: Psychosocial Factors Influencing Occupation-requires service hours	2
OCT 561 Professional Roles I: Development	3
OCT 567 Fieldwork Level IIA Preparation	0
OCT 568 Occupational Therapy Research Analysis and Integration	2
OCT 572 Occupational Performance: Adults (lecture/lab)	4
OCT 574 Fundamentals of Occupational Therapy Practice II	2
IPE 505 Interprofessional experience* (may also be taken fall year 2)	0
Total Credits	17
<i>Students in the HSOT program will graduate with a Bachelor's degree in May following successful completion of first year courses.</i>	
<b>Summer Semester – Between First and Second Year</b>	
OCT 654 Fieldwork Level IIA (May – August - 12 week full-time internship in practice setting with adults)	6
*this is tentative based on the fluid situation of the COVID pandemic	

<b>Fall Semester Second Year</b>	
OCT 601 Occupational Performance: Children	4
OCT 604 Case-Informed Discussion: Children	2
OCT 605 Fundamentals of Occupational Therapy Practice III	2
OCT 622 Writing for the Profession	2
OCT 623 Fieldwork Level IB Preparation	0
OCT 633 Fieldwork Level IB – with children (completed at the end of fall semester)	1
OCT 637 Occupational Therapy Manager	3
OCT 649 Research Seminar II	1
OCT 668 Occupational Therapy Research Dissemination **	2
IPE 505 Interprofessional experience* (may also be taken spring year 1)	0
Total Credits	17
<p><i>*Completion of IPE 505 experience is also required for graduation. May be taken in spring year 1 or fall year 2.</i></p> <p><i>**A culminating research/project presentation will occur at the end of the second year fall semester. Attendance is mandatory and required for degree completion.</i></p>	

<b>Spring Semester Second Year</b>	
OCT 602 Synthesis: Occupation-based Practice with Children	2
OCT 615 Synthesis: Theory into Practice	2
OCT 651 Fieldwork Level IIB Preparation	0
OCT 656 Fieldwork Level IIB (March–May - 12 week full-time internship in practice setting with children)	6
Total Credits	10
<i>Students will graduate with a Master’s degree in May following successful completion of second year courses.</i>	

## *Overview of Fieldwork Experiences*

In addition to completing all academic courses, students have three Fieldwork Level I experiences and two Fieldwork Level II experiences for 12 weeks each totaling 24 weeks. These experiences are designed to finalize students' preparation for entry-level practice as an occupational therapist.

Level IA and IB Fieldworks are orchestrated so students can experience the OT process for people, populations and communities. This serves as a focused experience in occupational therapy practice during which students assist with the evaluation and intervention processes and documentation of those services under the supervision of a qualified individual.

Level IC Fieldwork is an experience focused on the psychological and social components of human occupational performance. It takes place across community based settings and is therefore supervised collaboratively by a supervisor on-site and an OT faculty mentor. Besides providing students with opportunities to reflect on OT practice in non-traditional settings, this Level IC experience also contributes to the community focus of the curriculum.

These Level I Fieldwork experiences are intended to reinforce previous course work and enrich the subsequent courses and Fieldwork Level II experiences.

The main goal for Fieldwork Level II is to facilitate students' development and transformation into competent, entry-level generalist occupational therapists (ACOTE, 2018). For the program at Utica College, students are required to have one Fieldwork Level II in a setting that provides services with adults and a second setting that provides services with children. The majority of students are expected to complete these on a full-time basis although the option exists for students (who receive permission from the occupational therapy faculty) to complete them part-time for a longer period of time. Part-time basis must be at least 20 hrs. per week. These experiences and timelines meet the requirements stated in the ACOTE Standards.

One of the strengths of our program is our student-centered approach to fieldwork choice. Another strength is the number and variety of field sites with which we have contracts. The program is, however, constrained by a number of factors that limit the availability of fieldwork sites. One of those constraints is the shortage of sites and the competition for those sites with students from other programs. Another constraint is the need to comply with state authorization requirements. Utica College has established contracts with clinical facilities outside of New York State. Recent changes to federal and state regulations require educational institutions to seek clearance from host states for clinical placements. Each state may have additional requirements that must be satisfied prior to placement of a student in an out-of-state host facility. Although we attempt, as much as possible, to place you in a fieldwork site of your choice, we cannot guarantee that we will be able to do so.



International fieldwork experiences are encouraged for Utica College students, but only one fieldwork experience can be in an international setting. Please NOTE that students desiring international placement may need to fulfill additional requirements to meet all legal requirements for such placement. See the fieldwork coordinator as soon as possible to discuss the possibility of an international placement.

***Occupational therapy prerequisite course work must be successfully completed (grade of “C” or better) prior to the beginning of Fieldwork Level II experiences.***

***Occupational therapy faculty members have the responsibility to review all students to determine readiness for Fieldwork Level I and Level II experiences and approve the student’s placement.***

Faculty decisions regarding fieldwork readiness are based on students’ demonstrated ability to meet the fieldwork goals and objectives and their professional behaviors. The program uses a format (Professional Behaviors for the 21<sup>st</sup> Century) to assess, and have students self-assess, their professional behaviors. This format will be shared with you each semester, and reviewed by your advisor.

***If a student is not deemed ready for a fieldwork experience, he or she will be notified of the faculty decision and a plan of action will be developed and monitored through its completion. After this remediation, the faculty members will again review the student's readiness for fieldwork placement and make a final decision regarding the student's readiness for fieldwork, or the need for dismissal from the program.***

***Students may fail one fieldwork experience. Failure of a second experience will result in dismissal.***

***Pass/fail of fieldwork performance is a collaborative decision of Program faculty and clinical supervisors. Students and fieldwork supervisors are encouraged to contact the Academic Fieldwork Coordinator as soon as possible should issues occur during the fieldwork placement that will impact successful performance. The option to extend a fieldwork placement by up to two weeks (maximum) is available to provide for additional time to meet expectations should that time be needed.***

***A requirement of the Utica College Occupational Therapy Program is that all Fieldwork Level II requirements be satisfied within twenty-four months of the completion of academic courses.***

Students will be provided with a Fieldwork Manual that details all policies and procedures related to the fieldwork component of the program.

### ***Graduate Research***

All students are expected to complete a sequence of research courses which span three semesters within the professional phase of the occupational therapy program. These courses are designed to provide students with information critical for competence as a consumer of research in the practice of occupational therapy.

During the fall semester of the second year, students will complete a systematic review of the literature in an area of interest. This systematic review will be conducted in a small group under the mentorship of a faculty member and presented at the end of the semester during a culminating experience required of all students. This systematic review meets the requirements of New York State for graduate education and must conform to all policies and procedures of the Office of Graduate Study.

## *Policies and Procedures of the Occupational Therapy Program*

*The OT program has a number of policies and procedures of particular concern to students, and therefore included here. Students are responsible for being aware of and adhering to these policies.*

### **Policy and Procedure: Health and Safety during Educational Experiences**

This policy applies to students, faculty, and clients during educational activities planned and implemented as part of the occupational therapy curriculum. This policy/procedure is intended to ensure the health and safety of all individuals engaged in these educational experiences.

The occupational therapy program at Utica College offers its students the opportunity to practice, review or refine their clinical skills in the classroom and clinical setting. This practice may involve equipment and/or activities that have the potential to negatively impact the health and safety of individuals involved.

#### **Policy**

Because practice is required for gaining competency of clinical skills, the occupational therapy program encourages students to practice frequently and consistently. This practice must be carried out at all times with full consideration of safe performance. To ensure that all students have equal opportunity to utilize the classroom, classroom equipment and materials, and to ascertain that the environment remains safe and conducive to learning, the following rules and regulations regarding classroom/equipment use should be followed:

#### **Procedure**

- 1) Students may use classrooms for practice of clinical skills during class times and/or during times arranged by faculty members. Students are also encouraged to use the classroom for practice when it is available.
- 2) During scheduled classroom times, an occupational therapy faculty member will be responsible for supervising practice to ensure safe performance. During such times, the faculty member will engage in educating students on safe procedures and role-modeling those procedures.

- 3) During times when a faculty member is not in attendance, students are responsible for monitoring their own behaviors as demonstrated during the supervised educational experiences. Students will assume full responsibility for engaging in safe performance.
- 4) Students are not to engage in practice activities with a client unless supervised by a faculty member.
- 5) Students are not to practice potentially dangerous activities when alone in the classroom.
- 6) Non- occupational therapy students may be present in the laboratory only with permission of an instructor in advance.
- 7) No equipment/supplies may be removed from the classroom without faculty approval. All equipment supplies that are removed from the classroom are to be returned the next class day.
- 8) Students will be taught appropriate infection control procedures during fieldwork I meetings, fall semester first year. These procedures will also be written and posted in each classroom. Supplies will be available in the classrooms so that students can engage in appropriate infection control procedures should the need arise.
- 9) Evacuation procedures will be posted in an obvious location in each classroom. During orientation for each course, these procedures will be clearly indicated to students in the classroom.
- 10) Students will contribute to maintaining the classroom so that it is a safe environment.
- 11) Students assume responsibility for following instructions during an emergency.
- 12) On the first day of any laboratory course, students will be shown the location of safety equipment/written procedures.
- 13) Students should notify safety personnel immediately after any injury. They should then contact their instructor and/or the chair of the department.
- 14) If a piece of equipment fails while being used, report it immediately to your instructor. Students should not try to fix a problem themselves.

## **Policy and Procedure: Transporting of students**

### **Policy**

Due to legal and financial implications for college, program and faculty, students will not be transported by faculty in their personal vehicles.

### **Procedure**

If the faculty member has qualified, the faculty member may drive the college van if necessary.

## **Policy and Procedure: Ethical violations**

### **Policy**

Any individual can file a complaint regarding an ethical violation against the program director and/or program faculty.

### **Procedure**

A complaint regarding an ethical violation against the program director can be filed in writing with the Dean of the School of Health Professions and Education.

A complaint regarding an ethical violation against program faculty can be filed in writing with the program director.

The Dean or program director will be responsible for investigating the complaint and making a determination of appropriate action based on the nature of the violation which may include a referral to the College's Human Resources Office.

## **Policy and Procedure: Grading**

All students enrolled in the professional phase of the OT program, regardless of undergraduate or graduate status, must meet the regulations applied to graduate students. This policy was written to ensure consistency with program grading and regulations regarding grading of graduate students. This policy therefore applies to all OT courses, and all students enrolled in those courses.

### **Policy**

In keeping with regulations adopted by the Utica College Office of Graduate Studies, students in OT courses will be graded using the following standards:

94-100%.....	A
90-93.9%.....	A-
87-89.9%.....	B+
84-86.9%.....	B
80-83.9%.....	B-
74-79.9%.....	C
73.9% and below...	F

### **Procedure**

1. All course instructors will submit a final grade for any OT course using the above policy for grade determination.
2. It is up to instructor discretion whether or not rounding of results (e.g., from 93.96% to a 94%) is used in final grade determination.

## **Policy and Procedure: Attendance**

Much of what students learn is not directly or indirectly tested but is still critical to professional practice. For this reason, attendance at all classes is an expectation of the OT faculty. We are aware, however, that illnesses and other impediments to attendance are not always within the control of the student. For that reason, the following policy has been written and sets the minimum criteria for attendance. Instructors may choose to be more stringent.

### **Policy**

- In all instances, instructors must be informed prior to the start of class if a student will be absent. Failure to inform the instructor will be noted on the student's evaluation of professional behaviors.
- Students will not be penalized for missing up to 5% of a course. The student must discuss with the instructor the means of making up course content.
- Day students: For classes that meet only one time a week, this means no more than one class session. For classes that meet two times a week, this means no more than two class sessions. For classes that meet three times a week, this means no more than three class sessions.
- Weekend students: Missing even one weekend far exceeds 5% of a course. We will allow (with faculty approval) up to one weekend absence but the student will need to submit a plan to the instructors regarding how to make up the time lost. Students missing two weekends will be asked to withdraw. Even with a make up plan there is the result of a ½ grade deduction due to missed time in class (see below).
- Absences over the 5% limit will be penalized ½ grade. For example, if a student earns a "B", the student who misses more than the time listed above will receive a "B-".

### **Procedure**

Instructors will take attendance at each class session and factor attendance into the students' course grades.

## **Policy and Procedure: Submission of Assignments**

This policy was written to ensure consistency between instructors regarding procedures for submission of assignments. This policy therefore applies to all OT courses, and all students enrolled in those courses.

### **Policy**

In keeping with the timeliness required by all practice settings for submission of documentation, students will be expected to submit assignments in a timely manner. The form of submission (electronic, hard copy) is up to instructor discretion.

### **Procedure**

1. All assignments are due on the date and at the time noted on the course syllabus and/or course management system.
2. Assignments may always be submitted before the due date.
3. For electronic submissions, if a specific time is not noted, the assignment is due no later than 11:59 (Eastern time) on the due date.
4. For hard copy submissions, all assignments are due on the date noted on the course syllabus in a manner determined by the course instructor e.g., in person, in the instructor's mailbox.
5. Assignments submitted after the designated date/time are considered late.
6. Late assignments will result in a penalty of a 5% grade reduction for each day past the due date.
7. Assignments will not be accepted more than one week after the due date and will result in a grade of zero (F).



## **Policy and Procedure: Confidentially**

### **Policy**

Due to legal (FERPA) and ethical issues regarding sharing of personal, identifying information, unless students sign the photo-release (see last page of this handbook), the sharing of photographs and/or any other personally identifying information of other individuals is prohibited by any means including social media platforms such as Snapchat or Facebook. This policy is in effect for all environments in which educational experiences occur including the classroom, community and fieldwork sites.

In addition, due to the legal constraints of practice by occupational therapists (HIPAA), the sharing of personally identifying information to include photographs of clients is prohibited by any means including social media platforms such as Snapchat or Facebook. This policy is in effect for all environments in which educational experiences occur including the classroom, community and fieldwork sites.

### **Procedure**

- 1) The college will take responsibility for sharing with the student all legal and ethical concerns related to the sharing of personally identifying information.
- 2) In addition, students may be required by their community and/or fieldwork sites to obtain additional training in this area.
- 3) Should sharing of personally identifying information come to the attention of the faculty of the college, the student will be immediately informed of the violation and the punitive steps to be taken which may include:
  - a. Withdrawal from a community and/or fieldwork site;
  - b. Dismissal from the program; and
  - c. Dismissal from the college.

### **Other policies**

Note that a number of policies and procedures relevant to graduate students can be found in the Graduate School Catalog (<https://www.utica.edu/academic/catalog/index.cfm>). Of particular concern are those policies related to retention and progression, and procedures related to complaints against the school and/or program.

## ***Certification for Occupational Therapists***

Graduates of the Utica College Occupational Therapy Program are eligible to apply for the National Certification Examination for Occupational Therapists, administered by the National Board for Certification in Occupational Therapy ([NBCOT](#)). NBCOT is a not-for-profit organization whose mission is to serve the public interest and protect the health and welfare of the public while enhancing the profession of occupational therapy. This is done, in part, through their certification process that has been designed to provide reliable indicators of competence for occupational therapy practitioners.

***Note: It is important that all students know that NBCOT oversees a character review program to screen out individuals who may exhibit or have a history of illegal, unethical, and/or incompetent behaviors.***

Students with a history of criminal misconduct may be denied licensure or registration to practice the profession of Occupational Therapy. Students should contact the state or country's regulatory board for the state in which they plan to practice in order to determine whether or not their criminal misconduct would restrict their ability to practice in that specific state. The same may be true for practice in another country. The National Board for Certification in Occupational Therapy (NBCOT) has an "Early Determination Review" (for a fee) that will determine potential eligibility to take the exam. Contact NBCOT or visit their website for further directions if interested in this early review.

Upon successful completion of the NBCOT certification examination for occupational therapists, successful candidates may use the title, Occupational Therapist, Registered (OTR). More information can be obtained from: [NBCOT](#) located at 1Bank Street Suite 300 Gaithersburg, MD 20878, by phone at (301) 990-7979, or via their web page.

## ***Licensure for Occupational Therapists***

Most states require licensure to practice as an occupational therapist. NBCOT works with state regulatory agencies across the United States and all of these agencies recognize the NBCOT certification examination for occupational therapists. Information on specific state regulatory requirements for occupational therapists may be obtained from the specific state regulatory agency or from the American Occupational Therapy Association (AOTA), located at 6116 Executive Boulevard, Suite 200 North Bethesda, MD 20852-4929. The AOTA's phone number is (301) 652- 2682 and their web page may be accessed at [www.aota.org](http://www.aota.org).

## Appendix A

### Bibliography

American Occupational Therapy Association. (2017). Philosophical base of occupational therapy. *American Journal of Occupational Therapy*, 65 (Suppl.), S65. doi: 10.5014/ajot.2011.65S65

American Occupational Therapy Association. (2020). Occupational Therapy Practice Framework. *American Journal of Occupational Therapy*, 74, 7412410010. <https://doi.org/10.5014/ajot.2020.74S2001>

Accreditation Council for Occupational Therapy Education (ACOTE ). (2018). *Accreditation Standards for Master's-Degree-Level Educational Program for the Occupational Therapist*. Bethesda, MD: Author.

Baker, N., & Tickle-Degnen, L. (2013). Evidence-based practice: Integrating evidence to inform practice. In E. Crepeau, E. Cohn, & B. Schell (Eds.) *Willard and Spackman's occupational therapy*, 12<sup>th</sup> ed. (pp. 398-412). Baltimore: Lippincott, Williams & Wilkins.

Barkley, E., Major, C., & Cross, K. (2014). *Collaborative learning techniques: A handbook for college faculty* (Second Ed.). San Francisco: Jossey-Bass.

Bloom , B., Mesia, B., & Krathwohl, D. (1964). *Taxonomy of educational objectives* (two vols.: The Affective Domain & The Cognitive Domain). New York: David McKay.

Gustafsson, L., Molineux, M., and Bennett, S. (2014). Contemporary occupational therapy practice: The challenges of being evidence based and philosophically congruent. *Australian Occupational Therapy Journal*, 61(2), 121-123.

Hammel, J., Magasi, S., Mirza, M.P., Fischer, H., Preissner, K., Peterson, E., and SuarezBalcazar, Y. (2015). A scholarship of practice revisited: Creating community-Engaged occupational therapy practitioners, educators, and scholars. *Occupational Therapy in Health Care*, 29(4), 352-69.

Hiemstra, Roger (2013). Facilitating adult self-directed learning. In, Hiemstra, Roger and Philippe Carré (Eds.) *A Feast of Learning: International Perspectives on Adult Learning and Change*. Charlotte: Information Age Publishing.

Hooper, B. (2006). Beyond active learning: A case study of teaching practices in an occupation-centered curriculum. *American Journal of Occupational Therapy*, 60, 551-562.

Kasar, J. & Clark, N. (2000). *Developing professional behaviors*. Thorofare, NJ: Slack.

Kinsella, E. A. (2000). *Professional development and reflective practice: Strategies for learning through professional experience*. Ottawa, ON: CAOT Publications ACE.

Mezirow, J. (1997). Transformative Learning: Theory to Practice. *New Directions for Adult and Continuing Education*, 74, 5–12.

Mezirow, J. (2000). Learning as transformation: Critical perspectives on theory in practice. San Francisco: Josey-Bass.

Thompson, N., & Pascal, J. (2012). Developing critically reflective practice. *Reflective Practice*, 13(2), 311-311.

## Appendix B

### Course Descriptions

**IPE 504 - Interprofessional Practice and Leadership** (1) This course is delivered as either an on ground or distance learning environment to provide the student with a foundation for success in patient care related fields. Emphasis is on interprofessional communication and collaboration, ethical decision-making, team building, teamwork and leadership.

**IPE 505 - Interprofessional Experience ( 0-1)** Interprofessional practice experience dedicated to prepare students of health professions at Utica College for interprofessional, collaborative practice of patient care through innovative (nationally and internationally recognized) practice experience. This is a zero to one credit hour experience that is composed of 15 hours of interaction in interprofessional practice setting with peers of different health professions to achieve appropriate patient/client care. Pass/Fail Prerequisite(s); IPE 102 or IPE 504

**OCT 505 - Theoretical Basis of Occupational Therapy** (3) Theory and foundations of practice from historical and current perspectives; importance and role of occupation.

**OCT 506 – Human Occupations** (3) Exploration into the relationship between participation in human occupation and quality of life throughout the lifespan. Includes activity analysis, assessment of occupational performance, and the use of occupation to facilitate participation in life contexts.

**OCT 521 – Documentation in Practice** (1) Documentation requirements specific to the practice of occupational therapy.

**OCT 525 – Fundamentals of Transformative Learning** (2) Students will learn the principles of transformative learning in order to apply them to their educational experiences within the occupational therapy program. Students will be provided with an overview of evidence-based practice and research traditions within occupational therapy so that such evidence can be integrated into those transformative learning experiences.

**OCT 526 - Case-Informed Discussion: Adolescents and Young Adults** (2)

Case-informed discussion related to the role of occupational therapy with adolescents and young adults ages 13 - 40; evaluation and intervention. Cases address content being simultaneously addressed in OCT571.

**OCT 527 - Case-informed Discussion: Adults (2)**

Case-informed discussion related to the role of occupational therapy with adults. Cases address content being simultaneously addressed in OCT572.

**OCT 549 - Research Seminar I (2)** Students will gain proficiency in basic research skills including proposal development and data

**OCT 543 – Fieldwork Level IA Preparation (0)** Students will gain knowledge and skills in preparation for their first level I experience

**OCT 551 – Fieldwork Level IC: Impact of Context on Practice (1)** Experimental learning in community agencies; development and application of foundational skills; observation, interpersonal communication, advocacy, cultural competency, reflective practice, ethics. Includes community service hours.

**OCT 552 – Fieldwork Level IC: Psychosocial Factors Impacting Occupations (1)** Experiential learning in community setting with focus on psychological and social components impacting occupational performance. Application of teaching-learning process, identification of community resources, and professional communication. Includes community service hours. Prerequisite: OCT 551.

**OCT 553 – Fieldwork Level IA (1)** Clinical application of course material through supervised involvement in a setting where therapeutic intervention is provided. Graded on a pass/fail basis. This fieldwork experience takes place between the first and second semester of the first year. Note that students will also take OCT543 in preparation for this fieldwork.

**OCT 561 – Professional Roles: Development (3)** Introduction and development of professional roles in practice settings with adults; emphasis on educator, researcher, and administrator roles

**OCT 567 – Fieldwork Level IIA Preparation (0)** Students will gain knowledge and skills in preparation for their first level II experience

**OCT 568 - Occupational Therapy Research Analysis and Integration (2)**

Methods associated with analysis and organization of data for evidence-based practice, publication and/or presentation.

**OCT 571 - Occupational Performance: Adolescents and Young Adults (4)** Role of occupational therapy with adolescents and young adults ages 13 - 40; evaluation and intervention.

**OCT 572 – Occupational Performance: Adults (4)** Role of occupational therapy with adults; evaluation and intervention.

**OCT 573 – Fundamentals of Occupational Therapy Practice I (2)**

Principles and procedures related to the practice of occupational therapy within a variety of settings. Topics include but are not limited to standardized administration of assessments, patient handling and transfer techniques, and documentation.

**OCT 574 – Fundamentals of Occupational Therapy Practice II (2)** This course builds on the foundational skills learned in prerequisite course work to further prepare students to work with a variety of clients within different contexts. Topics include handling and positioning, assistive technology, documentation, and exposure to advanced intervention approaches. Competency in basic skills is assured in preparation for subsequent fieldwork.

**OCT 601 - Occupational Performance Children (4)** Occupational therapy practice with children (aged 0-13): evaluation, intervention and outcomes.

**OCT 602 – Synthesis: Occupation-based Practice with Children (2)** Emphasis on constructing best practice statements that reflect evidence-based practice, family centered care, and occupation-based practice within systems serving children. Critical analysis of literature and creation of personal perspective on practice with children.

**OCT 604 - Case-Informed Discussion: Children (2)** Case-informed discussion related to the role of occupational therapy with children between the ages of 0 to 13. Cases address content being simultaneously addressed in OCT601.

**OCT 605 – Fundamentals of Occupational Therapy Practice III (2)** This course builds on the foundational skills learned in prerequisite coursework to further prepare students to work with children, their families, and other involved professionals within different contexts. Topics include but are not limited to standardized administration of assessments, handling techniques, education of family and other professionals, and documentation

**OCT 615 – Synthesis: Theory to Practice (2)** Synthesis and evaluation of theoretical approaches of occupation into a personal perspective of occupation and practice of occupational therapy.

**OCT 622 - Writing for the Profession (2)** Students will engage in writing for various venues and purposes, understanding the role of the audience when selecting the style and format of their writing.

**OCT 623 – Level IB Preparation (0)** Students will gain knowledge and skills in preparation for their first level I experience with children.

**OCT 633 – Fieldwork Level I B (1)** Practical application of course material through a second experience of supervised involvement in a setting where therapeutic intervention is provided. Graded on a pass/fail basis. This fieldwork experience takes place between the first and second semester of the second year. Note that students will also enroll in OCT623 in preparation.

**OCT 637– Occupational Therapy Manager (3)** Synthesis and integration of principles of management and impact of systems on provision of occupational therapy services to individuals in various populations and communities.

**OCT 649 – Research Seminar II (1)** Students will gain proficiency in advanced literature searching and critical reading with the goal of producing a systematic review that will address a practice/research question..

**OCT 651 – Level IIB Preparation (0)** Students will gain knowledge and skills in preparation for their first level II experience with children

**OCT 654 – Fieldwork Level II A (6)** First Level II fieldwork experience of twelve weeks in an approved fieldwork setting. Graded on pass/fail basis. Note that students will also enroll in OCT 567 in preparation.

**OCT 656 – Fieldwork Level II B (6)** Second Level II fieldwork experience of twelve weeks in an approved fieldwork setting. Graded on pass/fail basis. Note that students will also enroll in OCT651

**OCT 657 – Fieldwork Level II C (0-4)** Optional Fieldwork in an approved specialty area. Graded on pass/fail basis. May not be used to meet credit hour requirements for MS degree in Occupational Therapy.

**OCT668 – OT Research Dissemination (2)** Students will gain proficiency in the skills necessary for both the oral and written dissemination of research findings



## Appendix C

### The American Occupational Therapy Association

#### AOTA Student Membership Application

It is a requirement of the OT program that all students be AOTA members.

#### 3 easy ways to join:

1. **Mail** completed payment and membership application found at <http://www.aota.org/JoinAOTA/38503.aspx>  
(see the “Join AOTA” button on the right)  
to AOTA, P.O. Box 31220, Bethesda, MD 20824-1220
2. **Fax** to (credit card payments only) 301-652-7711
3. **Online** at <https://myaota.aota.org/aotajoin.aspx>  
(see the “Join AOTA” button on the right)

### New York State Occupational Therapy Association

#### NYSOTA Student Membership Application

Found at: [http://www.nysota.org/?q=join\\_us](http://www.nysota.org/?q=join_us)

## Appendix D

### Occupational Therapy Faculty and Staff Contact Information

**Julie Bush, OTD, MEd, OTR/L**

Academic Fieldwork Coordinator  
Rm. 219A White Hall  
Ph. Office (315) 792-3465  
E-mail: [jabush@utica.edu](mailto:jabush@utica.edu)

**Cora J. Bruns, M.S., OTR/L**

Academic Fieldwork Coordinator  
Rm. 236 White Hall  
Ph. Office: (315) 792-3125  
E-mail: [cbruns@utica.edu](mailto:cbruns@utica.edu)

**Prof. Linnéa Franits, M.A., OTR/L**

Rm. 213 Faculty Center  
Ph. Office: (315)792-3306  
Home: (315) 382-3431  
E-mail: [lfranits@utica.edu](mailto:lfranits@utica.edu)

**Prof. Annmarie Kinsella, OTD, M.S., OTR/L**

Coordinator of the weekend program  
Rm. 230 White Hall  
Ph. Office: (315) 792-3239  
E-mail: [askinsel@utica.edu](mailto:askinsel@utica.edu)

**Prof. Judith Manuel, OTD, OTR/L**

Rm. 236 White Hall  
Ph. Office (315)792-3468  
E-mail: [jgmanuel@utica.edu](mailto:jgmanuel@utica.edu)

**Prof. Yvonne Monti, OTD, OTR/L**

Rm. 224 White Hall  
Ph. Office (315) 792-3452  
E-mail: [yemonti@utica.edu](mailto:yemonti@utica.edu)

**Prof. Shannon Schoellig, OTD, MS OTR/L**

Rm. 219 White Hall  
Ph. Office (315) 792-3203  
E-mail: [sjschoel@utica.edu](mailto:sjschoel@utica.edu)

**Prof. Colleen Sunderlin, Ph.D., MS OTR/L**

Chair and Program Director  
Rm. 236 White Hall  
Ph. Office (315)792-3150  
E-mail: [csunderlin@utica.edu](mailto:csunderlin@utica.edu)

**Prof. Cicily Talerico, OTD, MS OTR/L**

Rm. 240 White Hall  
Ph. Office (315) 792-3073  
E-mail: [crtaleri@utica.edu](mailto:crtaleri@utica.edu)

**Alison Ricci-Wadas**

Administrative Support  
Rm. 230 White Hall  
Ph. (315) 792-3329  
E-mail: [amricciw@utica.edu](mailto:amricciw@utica.edu)

**Emily Torbitt**

Administrative Support  
Rm. 230 White Hall  
Ph. (315) 792 3059  
E-mail: [emtorbit@utica.edu](mailto:emtorbit@utica.edu)

## ***Confirmation of Receipt of Handbook***

To be printed out and returned to the School office, White Hall Room 230.

### **Occupational Therapy Program**

School of Health Professions and Education

I, \_\_\_\_\_, have received a copy of the Occupational Therapy Student Handbook including specific policies and procedures related to progression and graduation. I am aware that as a graduate student I must abide by all rules and regulations of the Graduate Office. I acknowledge that I have an on-going opportunity to ask questions and seek clarification of the contents of the handbook.

I have reviewed this handbook and accept the student expectations explained in the handbook.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_

PHOTO RELEASE

Utica College periodically features images of current and former students, as well as members of the community, through various communication mediums, including but not limited to written publications, the College's Website, and television commercials. Utica College uses these images to communicate its programs as well as the accomplishments of its students and alumni.

By signing below you are granting Utica College permission to use your image as described above. (Individuals under the age of 18 must have their parent's or guardian's signature.)

Please note that your willingness to be photographed is NOT a requirement of the program. You may decline this invitation now or at any time in the future.

Name (please print): \_\_\_\_\_

Mailing Address:

\_\_\_\_\_  
\_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\_\_\_\_\_