

**DEBORAH L. POLLACK, PH.D.**

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Utica, NY 13502  
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**EDUCATION**

- Ph.D. DUQUESNE UNIVERSITY, Pittsburgh, PA 2006  
Clinical Psychology
- Internship: SUNY Upstate Medical University 2005-2006
- M.A. DUQUESNE UNIVERSITY, Pittsburgh, PA 2000  
Psychology
- B.A. ST. MARY'S COLLEGE OF MARYLAND, St. Mary's City, MD 1998  
Psychology and Philosophy

**DISSERTATION**

*“Negotiating Boundaries from Within: A Feminist-Psychodynamic Investigation of Bulimia and Emotional Expression in Context.”*  
Defended July 7, 2005

**CURRENT POSITIONS**

- ASSISTANT PROFESSOR** 8/20 – current  
Psychology Department, Utica College
- CLINICAL ASSISTANT PROFESSOR** 2/07 - current  
Psychiatry Department, SUNY Upstate Medical University
- CLINICAL SUPERVISOR** 8/13 – current  
Psychological Services Center, Syracuse University

**PREVIOUS POSITIONS (TEACHING)**

- INSTRUCTOR** 1/14 – 5/20  
Psychology Department, Syracuse University
- ADVANCED LECTURER** Spring 2020  
Psychology Department, Colgate University

**VISITING ASSISTANT PROFESSOR**

Psychology Department, Syracuse University

8/06 – 5/07

**INSTRUCTIONAL CONSULTANT FOR TAs**

Center for Teaching Excellence, Duquesne University

7/04 – 6/05

**LECTURER**

Psychology Department, Duquesne University

8/03 - 5/05

**TEACHING ASSISTANT**

Psychology Department, Duquesne University

8/01 – 5/03

**INSTRUCTOR**

GRE preparation course, The Princeton Review

3/03 – 6/05

**CURRENT AND PREVIOUS CLINICAL WORK****Private Practice**

2/11 - current

Individual psychotherapy for adults. Psychotherapy supervision for licensed professionals.  
Health psychology evaluations, including for kidney donors and bariatric surgery patients.

**Advanced psychotherapy training and certifications**

Core training in Short-Term Dynamic Psychotherapy (STDP) 2010

Certification in Accelerated Experiential Dynamic Psychotherapy (AEDP) 2013

Advanced core training in Intensive Short-Term Dynamic Psychotherapy (ISTDP) 2017-2019

*Certified Trainer* by the Intensive Short-Term Dynamic Psychotherapy Institute (3 year program)

2020

*Certified Teacher* by the International Experiential Dynamic Therapy Association (IEDTA)

2020

**Department of Psychiatry, Adult Clinic**

7/07 – 6/12

SUNY Upstate Medical University

*Psychologist and Director, Bariatric Psychology Program***Dewitt Counseling Services**

Psychologist

8/09 – 2/11

**Physical Medicine & Rehabilitation Services**

2/07 – 2/08

SUNY Upstate Medical University, Syracuse NY

Psychologist

**SUNY Upstate Medical University, Syracuse, NY**

9/05 – 8/06

*Pre-doctoral Psychology Internship*

**Chatham College Counseling Services, Pittsburgh, PA** 9/03 – 5/04

**Duquesne University Psychology Clinic, Pittsburgh, PA** 9/00 – 5/03

**Allegheny General Hospital, Pittsburgh, PA** 9/02 – 5/03  
*Department of Psychiatry and Neuropsychiatric Institute*

**Western Psychiatric Institute and Clinic, Pittsburgh, PA** 9/01 – 4/02  
*Eating Disorders Clinic*

**Hill House Collaborative, Pittsburgh PA**  
*Children's Group* 9/00 – 5/01

### **ADDITIONAL WORK EXPERIENCE**

**Big Brothers Big Sisters of Southern Maryland, Leonardtown, MD** 9/98 - 7/99  
*Case Manager.*

### **ADDITIONAL RESEARCH EXPERIENCE**

**Department of Psychology, Duquesne University** 8/00-5/01  
Research Assistant for Drs. Paul Richer and Roger Brooke

**Department of Psychology, St. Mary's College of Maryland** 5/98-4/99  
***Project Parenting (NIH funded longitudinal study)***  
Research Assistant for Dr. Lorraine Glidden

### **PUBLICATIONS**

Pollack, D. (2017) Behavioral determinants of obesity. In Silverman, R.K. (Ed.),  
*Obesity medicine: Management of obesity in women's healthcare* (pp. 123-139). New  
York, McGraw Hill.

Pollack D. & Keaschuk R. (2008) An integrative study of the socio-cultural influences on the  
object relations of bulimic women. *Eating Disorders: The Journal of Treatment and  
Prevention* 16: 14-29.

Willingham-McLain, L. & Pollack, D. (2006). Exploring the application of best practices to  
TA awards: One university's approach. *To Improve the Academy*, 24, 247-258.

Pollack, D. (2003). Pro-Eating disorder websites: What should be the feminist response?  
*Feminism and Psychology*, 13(2): 246-251.

### **BOOK REVIEW**

Pollack D. (2011) Review of *Object Relations in Practice*, (part of the "Little Psychotherapy  
Book" Series), by Allan Frankland. *Psychiatric Times*, Vol. 28, No. 2

## **PRESENTATIONS**

### **NATIONAL AND INTERNATIONAL CONFERENCES:**

- Pollack D. (2018). "To Lead and Follow: Using Experiential Dynamic Therapy Techniques to Help Clients Reach Their Goals." *Presented at the Canadian Experiential Dynamic Therapy Society, Inaugural Symposium, Montreal, Quebec, Oct. 12, 2018.*
- Pollack D. (2006). "Representations of mothering in popular and psychiatric discourse since WWII and their psychological impact on mother-daughter relationships." *Presented at the Association for Women in Psychology, 31<sup>st</sup> Annual Feminist Psychology Conference, Ann Arbor, Michigan. March 30 – April 2, 2005.*
- Millilo, D., Pawlowski, B., Harris, A., & Pollack, D. (2006) "Making her way: Words and wisdom from successful mentors." *Presented at the Association for Women in Psychology, 31<sup>st</sup> Annual Feminist Psychology Conference, Ann Arbor, Michigan, March 30 – April 2, 2005.*
- Pollack, D. (2005) "Alexithymia and bulimia nervosa in context: A feminist-psychodynamic investigation." *Poster presented at the American Psychological Association Annual Convention, Washington, D.C. August 18-21, 2005.*
- Willingham-McLain, L., Pollack, D., and Frayer, D. (2005). "Teaching awards and student learning: What's the connection?" *Improving University Teaching, 30<sup>th</sup> Annual International Conference, Pittsburgh, PA. July 9-10, 2005.*
- Pollack, D. (2005) "Bulimia nervosa, emotional expression, and attachment in context: A feminist-psychodynamic investigation." *Association for Women in Psychology, 30<sup>th</sup> Annual Feminist Psychology Conference, Tampa, FL. February 25-27, 2005.*
- Pollack, D., Tartaro, J., & Cosgrove, L. (2005). "Taking care of ourselves in graduate school: Body, mind, and spirit." *Workshop presented at the Association for Women in Psychology, 30<sup>th</sup> Annual Feminist Psychology Conference, Tampa, FL. February 25-27, 2005.*
- Pollack, D. (2004) "Affected bodies in psychosomatic distress: Towards an intersubjective understanding of the alexithymia construct." *International Human Science Research Conference, St. Catharines, ON August 5-8, 2004.*
- Pollack, D. (2004) "Psychosomatic women: Towards a feminist understanding of alexithymia and attachment." *International Association for Women's Mental Health, 2<sup>nd</sup> World Congress on Women's Mental Health, Washington DC, March 17-20, 2004.*

- Pollack, D. (2004) "Learning to let go: Qualitative research design for beginners." *Association for Women in Psychology, 29<sup>th</sup> Annual Feminist Psychology Conference, Philadelphia, PA. February 26-29, 2004.*
- Pollack, D. (2003) "The culturally embodied unconscious: Contributions from Merleau-Ponty's phenomenology of language." *Society for Phenomenology and the Human Sciences Conference, Boston, MA. November 6-8, 2003.*
- Pollack D. (2003) "Eating disorders as language disorders? Exploring the alexithymia connection." *Association for Women in Psychology, 28<sup>th</sup> Annual Feminist Psychology Conference, Jersey City, NJ. March 6-9, 2003.*
- Pollack, D. (2001) "Anorexia as a lifestyle? The proliferation of pro-eating disorder groups on the world wide web." *Women's Studies Network (UK) Association, 14<sup>th</sup> Annual Conference, Cheltenham & Gloucester College of Higher Education. July 12<sup>th</sup>-14<sup>th</sup>, 2001.*

#### **LOCAL AND INVITED PRESENTATIONS AND WORKSHOPS:**

- Pollack, D. (2019) "Short-term dynamic psychotherapy." *Full day workshop for Psy.D. students in clinical psychology at Point Park University, Pittsburgh, PA, March, 16, 2019.*
- Pollack, D. (2018). "Working with resistance to increase therapeutic effectiveness with skills from short-term dynamic psychotherapy." *Presented to the Central New York Psychological Association, Oct. 18, 2018.*
- Pollack D. & Keaschuk R. (2006) "Re-conceptualizing bulimia: Integrating socio-cultural and object-relational perspectives." *SUNY Upstate Medical University, Department of Psychiatry Grand Rounds. March 30, 2006.*
- Pollack D. (2006) "Qualitative research software" *Invited workshop sponsored by the Duquesne University Center for Interpretive and Qualitative Research (CIQR) and the Duquesne University Graduate Association for Psychology (GAP), Pittsburgh, PA, April 21, 2006<sup>1</sup>.*
- Pollack D. (2005). "Emotional and personality issues for patients with mild traumatic brain injury." *In-service presentation for Physical Medicine and Rehabilitation staff, University Hospital, Syracuse, NY, November 23, 2005.*
- Pollack, D. (2005). "Using PowerPoint to promote active learning." *Presented for Duquesne University Faculty, through the Center for Teaching Excellence, Duquesne University, Pittsburgh, PA, March 2, 2005 and repeated at faculty request through Computing and Technology Services, May 25, 2005.*

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<sup>1</sup> As a direct result of this workshop, the Dean of the College of Arts and Sciences purchased 10 educational licenses of the qualitative research software, Qualrus, for student and faculty use.

- Pollack, D., Gawalt, E., & Walsh, R. (2004). "Walking the TA tightrope: Balancing teaching and graduate studies." *Presented for Duquesne University graduate students, through the Center for Teaching Excellence, Duquesne University, Pittsburgh, PA, September, 2005.*
- Pollack, D. (2004). "Using PowerPoint in the psychology classroom." *Invited workshop for the graduate students of the Psychology Department, Duquesne University, May 19, 2004.*
- Pollack, D. (2002) "Pro-eating disorder cyber discourse as indicative of failures of feminist theorizing on women's subjectivity." *Duquesne University Graduate Student Organization's 9<sup>th</sup> annual interdisciplinary conference. October 24-25<sup>th</sup> 2002.*
- Pollack, D. (2001). "The presence of alexithymic traits in Bulimia Nervosa." *Greater Pittsburgh Psychological Association, 3<sup>d</sup> Annual Student Poster Presentation.*
- Pollack, D. (2001). "Women in cyberspace: The Internet as a site of oppression and liberation." *Duquesne University Graduate Student Organization's 8<sup>th</sup> annual interdisciplinary conference. March 23-24 2001.*

### **HONORS AND AWARDS**

- Awarded "Psychologist of the Year" in 2013 by the Central New York Psychological Association
- Nominee for McNulty College and Graduate School of Liberal Arts, Duquesne University, Award for Excellence in Scholarship, March 2006
- Nominee for Duquesne University Graduate Student Award for Excellence in Teaching, March 2004
- Who's Who among American College and University Students, 2003
- Duquesne University Psychology Department Graduate Student Award for Excellence in Teaching, April 2003
- Member of *Psi Chi*, the National Honor Society for Psychology
- SMC Maryland National Scholar, 1997-1998
- Undergraduate Dean's List: Fall 1995 – Spring 1998

### **PROFESSIONAL AFFILIATIONS**

- Central New York Psychological Association (CNYPA)*
- Communications Officer, 2019 - current
  - Chair, website committee, 2017-2018
  - President, 2016
  - President, 2015
  - Board Member, 2013 - 2015
  - Program Committee, 2006 - 2020
  - Recording Secretary, 2007 – 2009
- New York State Psychological Association (NYSPA)*
- Convention Chair, 2021 Annual Convention

*Member of NYSPA's legislative committee, 2013-2016*  
*International Experiential Dynamic Therapy Association*  
*Association for Women in Psychology (AWP)*  
Chair of the Student Caucus, 2004-2006  
Program reviewer for annual conference, 2005 - 2008  
*American Psychological Association of Graduate Students (APAGS)*  
Campus representative for Duquesne University, 2000-2001

#### **OTHER PROFESSIONAL ACTIVITIES**

- Helped develop the curriculum and co-led a week-long training in Kenya for women care-givers who work with orphaned and traumatized children.
- Dissertation consultant and editor for Jennifer Jondreau, Ph.D. Candidate in Psychology at the Union Institute<sup>2</sup>.
- Independent reviewer for the empirical research on pro-eating disorder web-sites by Dr. Lori Rosenthal for her tenure committee, School of Communication Sciences & Disorders, Emerson College, Boston, MA<sup>2</sup>.

#### **CLINICAL AND RESEARCH INTERESTS**

Short-term dynamic psychotherapy; psychotherapy supervision and training; clinical health psychology and bariatric psychology, personality assessment including projective tests; combined neuropsychological and personality assessment

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<sup>2</sup> I was sought out by Ms. Jondreau and Dr. Rosenthal for my expertise in qualitative research and eating disorders and pro-eating disorder websites, respectively. We had no prior relationship.