

Subject: Grad Connect – News from Utica College
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Issue 6

Your New Utica College Bookstore



This summer Utica College selected Follett Higher Education Group to manage its bookstore operations. As the leading provider of bookstore services and the foremost supplier of used books in North America, Follett is proud to offer these services to the Utica College community.

The new bookstore has a central focus on accessibility and affordability by offering a variety of course material solutions. Textbooks are available as new, used, rental, and digital. Our rental and digital options have already saved students \$1 billion since their rollout, which was only a few years ago.

Our rental option is the largest and most robust program in the marketplace today. At Utica College almost half the textbooks are rent eligible. Students can save up to 50% of the new price by renting. For more information, visit www.rent-a-text.com.

Our digital solutions are nearly as robust as our rental option. Students can save 40-60% off the price of a new textbook using Follett's CafeScribe® digital textbook platform. CafeScribe users can read and study on Macs, PCs, and most web-enabled devices like tablets and smart phones. This device agnostic approach saves students from having to buy additional devices and provides the freedom to study anywhere, anytime.

In addition to course materials, the bookstore also offers a wide

Important Dates

Please note the upcoming deadlines:

August 25 - 27 - Post Professional transitional Doctorate of Physical Therapy residency

August 27 - First day of class for the D1 session (8 week online classes)

August 28 - First day of class for campus-based graduate programs

August 29 - Last day to drop a D1 course

August 29 - Graduate Student Orientation

September 5 - Last day to drop a 16 week course

New Graduation Deadlines

array of classroom supplies, Utica College apparel and gifts, convenience items, and more! Gift cards are available for purchase in store and online. Our website is available 24/7 at www.utica.bkstr.com.

The store gladly accepts all major credit cards, debit cards, cash, check, gift cards (issued by bookstore), and financial aid (when available from school - for more information speak with your personal financial counselor). Our refund policy varies by item. Please do not hesitate to contact the store with specific questions. We look forward to serving the needs of Utica College for many years to come!

Contact information for the Utica College Bookstore:

bookst@utica.edu

Phone: (315) 792-3197, (315) 792-3193

Fax: (315) 792-3049

Address: Utica College Bookstore
1600 Burrstone Rd.
Utica, NY 13502

Graduation deadlines affecting graduate students have been changed and are now in effect. Several deadlines were revised or clarified, and several new deadlines were added with the objective of allowing students and faculty as much time as possible while ensuring efficiency across administrative offices. If you miss one of the applicable deadlines, you are subject to not being able to graduate in the given semester. The deadlines are available online at the [Office of Graduate Studies website](#) and on the [Academic Calendar website](#).

Can't See the Forest Through the Trees?



Periodically in people's lives a combination of factors may come together that inhibit their ability to meet their desired goals. Counseling services are designed to help students regain control over those factors. Counseling can help students learn to develop skills to more effectively confront and cope with uncertainties and conflict. It offers students a way to gain perspective on their behavior, emotions, and relationships. It also helps students explore and express their feelings, examine beliefs, and work toward making healthy changes.

Staff in the Office of Counseling & Student Development is comprised of professionally trained counselors who can assist you with a wide variety of concerns. While the approaches may vary amongst the staff, they hold a common philosophy. It is their belief that the college experience is all about learning, both in the classroom and out of it. The counselors' work focuses on helping students to gain the maximum benefit from their whole experience at UC.

Volunteer Opportunity

The Young Scholars program is always looking for mentors who can help provide guidance, support, and mostly friendship to pre-teens and teens. The Young Scholars program works with the Utica City school district to provide opportunities to students within the Utica City school district. This would be a great experience for anyone in the education, occupational therapy, and physical therapy

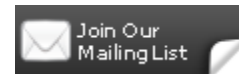
Counselors are available to meet on an individual or group basis with students - graduate or undergraduate, online or campus-based. Appointments can be made for face-to-face meetings if a student lives in the Utica area; students living outside the Utica area can schedule a phone appointment. A range of topics can be discussed, including but not limited to, anxiety, coping skills, depression, grief and loss, relationship problems, roommate conflict, self-esteem, sexual assault, sexual identity, stress management. It is sometimes the case that the scope of a student's concern is out of the area of expertise of the counseling staff and a referral for off-campus services may need to be made.

The Office of Counseling & Student Development is located in 202 Strebel Student Center and is open Monday through Friday, 8:30 am to 5:00 pm. We strongly encourage students to schedule appointments, however counselors can be available for walk-ins. All services for UC students are free and confidential. Confidentiality is of the utmost importance in the counseling relationship, and student concerns are not shared except in circumstances where there is a threat to self or others. In the case of a threat to self or others, notification is at the discretion of the counselor in consultation with the Director of Counseling & Student Development or other appropriate Utica College personnel.

For more information or to schedule an appointment, call (315) 792-3032 or email the office at ccarste@utica.edu.

programs, but all academic backgrounds are welcome. In fact, if you are anticipating working with children and adolescents at all, this is a great opportunity for you. If you are interested please contact the Young Scholars Office located at 125 White Hall or (315) 792-3237.

If this newsletter was forwarded to you and you would like to be on the regular mailing list, please click on the button below:



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