

UCC 101 : First Year Seminar
Fall 2009
Tuesday 4:00 - 5:00 p.m., Room 108

Instructor: Dr. Brad Emmons

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Office Hours: Tuesdays 3:00 - 4:00 and Thursdays 10:30 - 11:30, or by appointment

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Course Materials

How to Get Good Grades in College ; Woodburn Press

Mission

The mission of First Year Seminar is to provide foundational skills for academic success and social integration into the Utica College Community.

Goals

- Students will acquire and demonstrate time and stress management skills.
- Students will articulate the differences between being a high school student and a college student in terms of classroom behavior and responsibility.
- Students will assume the responsibilities expected of college students including academic and personal integrity.
- Students will be exposed to a variety of academic disciplines and cultural experiences in order to appreciate the learning experience.
- Students will be able to locate, access, and evaluate resources for academic, personal, and career decisions.
- Students will demonstrate an understanding of course registration policies and procedures at Utica College.

Journals

Throughout the semester I will assign about 5 or 6 Journal topics to be completed. The entries should give insight into the topic of the week by discussing the assigned reading or weekly topic. I will respond to your entries each week. Take this journal as an opportunity to ask for help with a problem or ask a question that you do not wish to share with the rest of the class. I will treat your journal entries confidentially.

Extra Curricular Activities

You will attend and/or participate in 2 cultural activities during the semester and write a 1-2 page evaluation of your experience. Please choose activities that are different from other experiences that you have previously attended. In this evaluation you will include:

1. Your participation
2. Why you chose this experience
3. What your experience was like
4. Did you like or dislike the activity, and why

The following is a list of pre-approved activities that you can participate in for this section of the course. You may choose any of the following, but they must be in distinct areas. I am open to suggestions as to what will satisfy this requirement.

- Film@Uc : (almost) every Thursday at 7:00 p.m. in MacFarlane Auditorium.

- Poetry Reading
- Lunch Hour Series
- Campus Theme : The New Normal
- Nexus Seminar

To find more events look at the events calender at the Utica College website
<http://www.utica.edu/instadvance/marketingcomm/events.cfm>

Weekly Assignments

In class assignments will be part of each class. These assignments will be handed in at the end of the class and graded.

Majors, Minors, and Programs Fair

You will attend the Majors, Minors, and Programs Fair and write a description of your experience. The fair takes place on Wednesday, October 14th, from 2:30 p.m. to 4:00 p.m. in the Library Concourse. This is your opportunity to speak with people from the majors, minors and academic programs at Utica College. Representatives will be available to answer questions about the academic as well as the social side of most programs on campus. In your essay include the program you wish to get more information about or which major you are enrolled in and why.

Attendance

Attendance in UCC 101 is extremely important. While attendance is not part of your grade for First Year Seminar, if you are not in class you cannot turn in your Journals or your Weekly Assignments.

Grading

Your grade in this course will be based on four main factors: Your journals, the in-class assignments, the extra-curricular activities, and attendance at the majors, minors, and programs fair. The journal will be worth 30% of your final grade, the in-class assignments 30%, the extra-curricular activities 30%, and attendance at the majors fair 10%. In addition to these factors, minor ethereal factors such attendance, class participation, attitude, and improvement over the course of the semester can also affect your grade. To determine your final grade, 90–100% = A, 80–89% = B, 70–79% = C, 60–69% = D, 59 and below = F, with the top two percents receiving a + and the bottom two percents receiving a –.

Important Dates

Wednesday, October 14, 2:30 p.m. - 4:00 p.m. – Majors Fair

Topics

Planning and Time Management
 Study Skills
 Academic Honesty
 Stress Management
 Advising and Registration
 Personal and Professional Development
 History of Utica College
 Safety and Security at Utica College
 Using the Library and Resources
 Diversity