

Information Sheet for Incoming Exchange Students 2025-2026

Address	Utica University 1600 Burrstone Road Utica NY, 13502
Email	Internationaled@utica.edu
Telephone	315.792.3082
Website	http://www.utica.edu/academic/international-education

University Contacts:			
Elizabeth Nassar	Director, Academic		
eanassar@utica.edu	Business		
315.792.3039	Development		
Gideon Appiah Kusi	Associate Director,		
giappiah1@utica.edu	International		
315.792.3287	Education		
Alison Ricci-Wadas	Manager,		
amricciw@utica.edu	International		
315.792.3074	Education		

Important Dates and Deadlines

Deadline for Fall Semester Nomination	Deadline for Fall Semester Application	Fall Orientation Dates	Beginning of Fall Semester	End of Fall Semester	Final Examination Period- Fall
May 1	June 1	August 19-22	August 25	December 5	December 8-12

Deadline for Spring Semester Nomination	Deadline for Spring Semester Application	Spring Orientation Dates	Beginning of Spring Semester	End of Spring Semester	Final Examination Period- Spring
October 1	November 1	January 6-9	January 12	April 24	April 28 - May 2

Nomination and Application Process

Nomination Process:

The partner university nominates students for the upcoming exchange semester or year. Nominations should be sent by email to internationaled@utica.edu. Nominations should include the student's complete name, student's email address, duration of exchange, and major field of study.

Application Process:

Students will receive an email with the application form attached after being nominated by their home university. Students are asked to send the completed application, along with additional documents listed below to internationaled@utica.edu if these were not included in their nomination packets. Additional documents include:

- Proof of English proficiency- TOEFL, IELTS, or Duolingo (if language of home university is not English).
- A copy of their passport.
- International Student Certification of Finances.
- A bank letter showing adequate funding to cover costs.
- An official transcript of records (in English), listing all courses taken so far.

English Proficiency	Minimum Score
TOEFL	550 (paper based) 79 (internet based)
IELTS	6.0
Duolingo	100
Cambridge English Exam	170

Academic Information

Credit system	Most classes at Utica Unive	ersity are th	ree credit courses. A th	ree-credit	course consists	of a minimum of 37 ½ hours
	of active instruction with the expectation that the student will spend twice that time on outside assignments such					
	as homework, research, and review. Exchange students at Utica University are considered full time students and are					
		required to take a minimum course load of 12 credits.				
Programs of Study	Information about program	ns of study i	s found on: <u>http://www</u>	w.utica.ed	u/academics/pro	ograms/
	Dreaman that have also as	*		an ha fau	ndundan "an an	
	Programs that have classes programs.	that exchai	nge students can take c	an be tou	na under on-gr	ound as well as minor
Courses	Information about course s	chedules fo	r the semester are avai	ilahle onli	ne at:	
	https://www.utica.edu/aca					
	Please check the course sc	hedules so t	hat there are no clashe	es betwee	n your chosen co	ourses. When initially
	choosing courses, please ir	clude alteri	nate course selection cl	hoices as v	well. Submit at le	east 8 courses in order of
	preference.					
Grading Scales	The grading system used at Utica University is a letter system: A, A-, B+, B, B-, C +, C, C-, D +, D, and P (passing), and F (failing). Professors will indicate the grading system they use on their syllabus at the beginning of the course.					
	F (failing). Professors will in	dicate the g	grading system they use	e on their	syllabus at the b	beginning of the course.
		А	94 - 100	С	74 - 76.99	
		A-	90 - 93.99	C-	74 - 70.99	
		B+	87 - 89.99	D+	67 - 69.99	
		B	84 - 86.99	D.	60 - 66.99	
		B-	80 - 83.99	F	0 - 59.99	
		C+	77 - 79.99		0 33.33	
					<u> </u>	
Academic	Exchange students must su	Ibmit a sign	ed transcript request at	t the end o	of their stav thro	ough the Office of
Transcripts	Exchange students must submit a signed transcript request at the end of their stay through the Office of International Education. Two complimentary official transcripts will be sent to their home university or program					
	upon each student's writte	n request.				
Support Programs	-	-				encourage students to visit
	professors during their office hours; however there are many support services for students to take advantage of as					
	well. These include:					
			g for specific courses		Futoring	
	-Math/Science Tutoring Center		-Health and Wellness Center			
	-Writing Center			-Cou	nseling Center	

Tuition and Estimated Costs of Living- Undergraduate Exchange Students

Per Semester*:	Tuition and Fees: \$12,184 *	Per Year*:	Tuition and Fees: \$24,368 *
	Room and Board: \$7,367 **		Room and Board: \$14,734 **
	All Access Book Fee: @\$26 per		All Access Book Fee: @\$26 per credit
	credit (\$390/15 cr)		(\$780/30 cr)
*Estimated costs are	Health Insurance: \$1,202	*Estimated costs are	Health Insurance: \$2,404
subject to change	Personal Expenses: \$550	subject to change	Personal Expenses: \$1,100
and based on	Total: \$21,693	and based on	Total: \$43,386
exchange agreement	. ,	exchange agreement with sending school	. ,
with sending school		with senaing school	

*Some courses require additional course-related fees.

**For a double room in Tower, Boehlert, & Bell Halls. Add \$308/semester for a single room.

*Personal costs include estimates of minimal living costs other than room and board.

Transportation, travel, basic healthcare and medicine, clothing, and entertainment costs are not included.

Room and Board

Information on residence halls can be found here: https://www.utica.edu/college-community/living-campus/residential-life-and-student-living/residence-halls

Exchange students are placed in double rooms in the Global Village in Tower Hall if space is available. Single rooms may be requested for an additional cost, subject to availability.

Information on how to apply for student rooms will be sent by email in the Welcome Letter that all accepted students receive upon acceptance.

Students living on campus must purchase the Gold Meal Plan at minimum. This includes unlimited meals in our main Dining Commons, and \$100 per semester to spend at one of the smaller dining areas around the campus.

Health Insurance

Exchange students are billed for health insurance for their time enrolled at UU as required by the terms of the J-1 Visa. Health insurance is provided by Cultural Insurance Services International and includes coverage for accidents or illness, emergency medical reunion, trip interruption, and emergency medical evacuation and repatriation subject to limitations in the Policy materials. Full details are provided upon enrollment. Please note that routine physicals, vaccinations, medicines, dental care, and vision care are not covered.

Accessibility

Wherever possible, Utica University strives to provide reasonable accommodations in order to meet the needs of students with disabilities. Applicants with special needs who require special arrangements can contact the International Education Office to discuss the issue and get further information. Documentation of a disability is required and must be translated into English.

Cultural and Educational Exchange Expectations

International education and cultural exchanges provide an extremely valuable opportunity to experience the United States. These opportunities also provide the opportunity for exchange students to share the language, culture, and history of their home country with Americans and other international students. The Office of International Education offers a variety of events and activities each semester to give exchange students the broadest exposure to American society, culture, and history. Excursions are planned based on students'

suggestions throughout the semester and include short visits to attractions in the local area as well as longer trips to major cities over weekends or vacation periods. Exchange students are expected to participate in campus-based international events as a condition of their exchange.

Visa Requirements and Residence Permits

Entry Regulations	There are several steps to gain entry to study in the United States. All exchange students are required to
	obtain a J-1 Student Visa before arrival. Students will be sent a DS-2019 Certificate of Eligibility upon
	acceptance. Below are the basic steps in acquiring a visa. Students will be sent more in-depth information
	with their DS-2019.
	-Pay I-901 SEVIS fee of \$220.
	-Complete the Online Visa Application (DS-160) and pay the non-refundable visa application fee, if required.
	-Schedule a Visa interview at your nearest US Consulate.
	-Attend your visa interview, with the following documents*.
	Valid Passport
	• DS-2019
	I-901 SEVIS Fee Payment Receipt
	Form DS-160 Confirmation Page.
	*Additional documents may be required for your visa interview. Please check with your embassy or consulate before your interview.

Bank Accounts and Money

Credit Cards	All major credit cards (Visa, Mastercard, etc) are widely accepted in the U.S.		
Banks	There are many local banks around the area that students can set up accounts with if they wish. Students		
	are driven to a local bank during orientation to set up an account if they wish to do so.		

Miscellaneous

Student Life	Utica University has a variety of clubs and organizations that students can join. Clubs meet on a scheduled basis. A variety of activities and events occur frequently during the semester. UC has a variety of athletic facilities and intramural sports that students can join to stay active as well.
Transportation	Syracuse Hancock International Airport (SYR) is a one hour drive from Utica, and Albany International Airport (ALB) is a 1.5 hour drive. Utica is a thriving city where Amtrak trains and Greyhound Bus lines stop daily, coming from New York City, Boston, and Montreal. Within Utica: Utica University provides a free shuttle service to our downtown Utica campus when classes are in session. The city of Utica is equipped with the Centro bus line, where students can get the university semester pass for unlimited rides in and around Utica. Taxis, Uber, and Lyft share rides are also available.
Utica and New York State Tourism	Central New York has lots of attractions and events for nature lovers, history buffs, shoppers, cultural explorers, and sports fans. Check out these websites to plan your exploration of upstate New York. https://www.iloveny.com/ https://www.oneidacountytourism.com/ https://www.newyorkupstate.com