

**Mary Jean Gelsomino, PT, DPT, MA**

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Chittenango, NY 13037  
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**Education**

Massachusetts General Hospital Institute of Health Professions  
Boston, MA  
Transitional Doctor of Physical Therapy 2005

New York University  
New York, NY  
Kinesiology (concentration in development disabilities)  
Master of Arts 1989

Ithaca College  
Ithaca, NY  
Physical Therapy  
Bachelor of Science 1970

**Faculty Positions**

Assistant Professor of Physical Therapy  
Academic Coordinator of Clinical Education (1994)  
Acting Director (Fall 1995)  
Utica College  
Utica, NY  
1994-present

**Clinical Positions**

Physical Therapist  
Chittenango Central School District  
Chittenango, NY  
1992-1994

Physical Therapist  
Jowonio School  
Syracuse, NY  
1983-1990

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Physical Therapist  
Spina Bifida Clinic  
Crouse Irving Memorial Hospital  
Syracuse, NY  
1980-1993

Physical Therapist  
Loretto Geriatric Center  
Syracuse, NY  
1982-1983

Senior Physical Therapist/Center Coordinator of Clinical Education  
University Hospital  
Health Sciences Center of the State University of New York  
Syracuse, NY  
1980-1982

Physical Therapist  
Oneida City Public School District  
Oneida, NY  
1979-1980

Staff Physical Therapist/Clinical Instructor  
University Hospital  
Health Sciences Center of the State University of New York  
Syracuse, NY  
1974-1975

Physical Therapist/Clinical Instructor  
Fordham Hospital  
Bronx, New York  
1970-1973

## **Licensure Information/Registration Number**

New York State Education Department License Number 003018

## **Publications and Articles**

### **Publications**

#### **Book Reviews**

The following book reviews and article abstract were written by invitation for *Physical Therapy* (Journal of the American Physical Therapy Association).

Gelsomino MJ. Review of the book *Prevention Practice: A physical therapist's guide to health, fitness, and wellness*. *Physical Therapy*, 88(3), 410-411.

Gelsomino MJ. Review of the book *Introduction to Physical Therapy, ed 3*. *Physical Therapy*, 87(7), 956-957. 2007.

Gelsomino MJ. Review of the books *Medical Terminology Simplified: A programmed learning approach by body systems, ed 3*; *Medical Terminology Systems: A body systems approach, ed 5*. *Physical Therapy*, 86(8), 1170 – 1171. 2006.

Gelsomino MJ. Review of the book *Pediatric Fractures and Dislocations*. *Physical Therapy*, 85(1). 102. 2005.

Gelsomino MJ. Review of the book *Movement Disorders in Children*. *Physical Therapy*, 82(8), 832-833, 2002.

Gelsomino MJ. Abstract of the article: Friedman A, Diamond M, Johnston MV, Daffner C. Effects of botulinum toxin A on upper limb spasticity in children with cerebral palsy. *Physical Therapy*, 80, 1051, 2000.

Gelsomino MJ. Book Review. *Therapeutic Exercise: Moving toward function*. *Physical Therapy*, 80, 97-101, 2000.

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## **Presentations and Workshops**

### **International**

#### **Platform Presentation**

Gelsomino MJ. Linking clinical and social paradigms to develop diagnostic reasoning skills in the health care professions. Paper presented at: Oxford Round Table – Accommodating Needs of Individuals with Disabilities; March 17, 2005; Oxford, United Kingdom

#### **Poster Presentation**

Gelsomino MJ (Co-Presenter), Mattson DJ, McVay D (Co-Presenter). Faculty behaviors that influence small group discussion in a problem-based learning physical therapy curriculum. Poster presented at: PBL 2000: Promises, Breakthroughs & Lessons; October 2000; Birmingham, AL

### **National**

#### **Platform**

Gelsomino MJ (Presenter), Ortiz M, Smith M, Ozog KJ, Winsor J. Obesity and cardiovascular disease risk in third, fourth, and fifth grade students. Paper presented at: 2006 CDC Diabetes and Obesity Conference on diabetes and obesity prevention and control; May 18, 2006; Denver, CO

#### **Poster**

Bradish J, Oare J, Proulx S, Riehl K, Sexton K, Gelsomino MJ (Presenter). Physical activity levels of second grade students during physical education. Poster presented at: American Physical Therapy Association: Combined Sections Meeting, February 2003; Tampa, Florida

### **State**

#### **Platform**

Walker C, Rocci M, Aldrich S, McKenzie H, Nassif E, Gelsomino MJ (Editor and Advisor). The effect of physical activity on strength, balance, functional mobility and falls in the elderly. Paper presented at 35<sup>th</sup> Annual Conference of the State Society on Aging of New York, October 17, 2007; Albany, NY. Winner of the SSA Graduate/Doctoral Award

\*Gelsomino MJ (Presenter). Upper extremity function in children with spina bifida who use parapodiums. Paper presented at: New York Physical Therapy Association: Annual Conference; May 1990; Albany, NY

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### Workshops

“Fit Kids: A collaborative project between the Physical Therapy Program at Utica College of Syracuse University and the Utica City School District”  
Teaching and Learning in the New Millennium, Kappa Delta Pi Convocation  
Baltimore, MD November 1999

“Fit Kids”  
Celebrating Children Child Life Conference  
Utica, NY October 1999

“Wheelchair mobility and maintenance issues” (with A. Smith)  
Upstate New York Regional Spina Bifida Conference  
Syracuse, NY 1990

“Integrating physical and occupational therapy into the classroom” (with A. Fitzwater and L. Lee) Expanding the Possibilities: Integrating children with special needs into the classroom. Syracuse, NY 1989

Guest Lecture: “Children’s bodies and minds” (with J. Salls)  
Teaching Children and Adolescents with Autism  
Syracuse University, Syracuse, NY 1985-1987

### Work in Progress

Gelsomino MJ, Seiselmyer K, Sauer A, Robbins L, Phillips C, Jones K. (Obesity Subcommittee of the Health Services Advisory Committee of Mohawk Valley Community Action Agency, Inc.) *Incidence and Prevalence of Overweight and Obesity Among Children Enrolled in Head Start Classes in Oneida and Herkimer Counties*. Utica College IRB application submitted October 5, 2007. This is a retrospective longitudinal design study to examine the scope of the childhood obesity problem in the Mohawk Valley. Completion of this study will allow the Obesity Subcommittee to develop best practice guidelines and a comprehensive approach to address the health problems associated with the obesity epidemic in our area. The results of this research will be publishable in journals such as *The Journal of School Health*, *BMC Public Health*, *American Journal of Public Health*, *Pediatrics*, and *Obesity Research*.

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### **Grant Activity**

NYS Health Foundation  
Project Director: M. J. Gelsomino  
Applicant Organization: Utica College  
Project Title: Fit Families  
Project Costs: Total \$168,248  
Submitted: November 2006  
Not funded

Co-investigator: standard exercise component of the study.  
NIH Application Number: 1 R21 AT004190-01 in collaboration with New York  
Chiropractic College and Rochester Medical Center  
Principal Investigator: SAHLER, OLLE JANE Z MD  
Applicant Organization: UNIVERSITY OF ROCHESTER  
Project Title: Auricular Acupuncture in Adolescent Overweight  
Project Direct Costs: TOTAL \$423,039  
Submitted: October 2006  
Not funded

### **Membership in Scientific/Professional Organizations**

American Physical Therapy Association  
Sections Membership: Education, Neurology, Pediatrics, Research

New York Physical Therapy Association, Central District

### **Positions Held in Scientific/Professional Honorary Societies**

American Physical Therapy Association  
Pediatric Section Pediatric Sports and Fitness Special Interest Group  
Regional Representative: Regions 14 and 15  
2004, 2005

New York Physical Therapy Association  
Delegate to APTA House of Delegates 2006

Central District, New York Physical Therapy Association  
Delegate Assembly Delegate  
1998, 1999, 2001, 2002, 2004, 2005, 2006  
Recording Secretary  
2002-2004  
Co-Chair  
2004-2005