2009 CORNELL RELAYS SCHEDULE
REVISED - Saturday, December 5

FIELD EVENT SCHEDULE

10:00 am  Men’s 20lb. weight  followed by
          Women’s 35 lb. weight  followed by
          Men’s Shot-put  followed by
          Women’s Shot-put

11:00am  Women’s Pole Vault  followed by
          Men’s Pole Vault

11:00 am  Women’s Long Jump  followed by
          Women’s Triple Jump  West Pit

11:00 am  Men’s Long Jump  followed by
          Men’s Triple Jump  East Pit

11:00 am  Women’s High Jump  followed by
          Men’s High Jump

RUNNING EVENTS SCHEDULE

10:00 am  Women’s 5000M
10:25 am  Men’s 5000M
11:15 am  Distance Medley Relay - Women  1200-400-800-1600
11:30 am  4x800 - Men
11:45 am  60 Hurdles – Women (Trials)  8 Advance on time
12:10 pm  60 Hurdles – Men (Trials)  8 Advance on time
12:25 pm  60 Dash – Women (Trials)  8 Advance on time
12:40 pm  60 Dash - Men (Trials)  8 Advance on time
1:00 pm  4x800 - Women
1:15 pm  Distance Medley Relay - Men  1200-400-800-1600
1:30 pm  60 Hurdles – Men - Final
1:35 pm  60 Hurdles – Women – Final
1:40 pm  60 Dash – Men – Final
1:45 pm  60 Dash – Women - Final
1:55 pm  500 Meter – Women - Final
2:15 pm  500 Meter - Men - Final
2:40 pm  300 Meter - Women - Final
3:05 pm  300 Meter - Men - Final
3:30 pm  3000 Meter - Women - Final
4:05 pm  3000 Meter - Men - Final
4:30 pm  4x400 - Women
          4x400 – Men

WE WILL RUN UP TO 10 MINUTES AHEAD WHEN POSSIBLE!!