



2008 Schedule

Date	Day	Opponent	Site	Time
03/01	Sat.	Stevens Institute *	DeBaunn Field	10:30 am
03/05	Wed.	Oneonta	Charles A. Gaetano Stadium	3:00 pm
03/08	Sat.	Hamilton	Campus Road Athletic Field	1:00 pm
03/12	Wed.	Potsdam	Turf Field	4:00 pm
03/15	Sat.	Hartwick *	Charles A. Gaetano Stadium	4:30 pm
03/29	Sat.	Elmira *	Campus Field	3:30 pm
03/30	Sun.	Ithaca *	Carp Wood Field	1:00 pm
04/01	Tue.	Keuka	Charles A. Gaetano Stadium	4:30 pm
04/05	Sat.	R.I.T. *	Charles A. Gaetano Stadium	1:00 pm
04/06	Sun.	Alfred *	Charles A. Gaetano Stadium	1:00 pm
04/11	Fri.	Geneseo	Raschi Field	4:00 pm
04/14	Mon.	Wells	Charles A. Gaetano Stadium	4:30 pm
04/19	Sat.	St. John Fisher *	Charles A. Gaetano Stadium	1:00 pm
04/20	Sun.	Nazareth *	Charles A. Gaetano Stadium	1:00 pm
04/23	Wed.	Clarkson	Charles A. Gaetano Stadium	4:00 pm

* Indicates Empire 8 Conference



GENERAL INFORMATION

QUICK FACTS								
Location	Utica, NY							
Founded	1946							
Enrollment	3,000							
Nickname	Pioneers							
Colors	Orange and Blue							
Stadium	Charles A. Gaetano Stadium							
Capacity	1,500							
Affiliation	NCAA Division III and ECAC							
Conference	Empire 8							
President	Dr. Todd Hutton							
Athletic Director	Jim Spartano							
Athletic Department Phone	(315) 792-3051							
CONTACT INFORMATION								
SPORTS INFORMATION DIRECTOR								
Gil Burgmaster								
E-mail	gburgma@utica.edu							
SID Office Phone	(315) 792-3772							
SID Fax	(315) 792-3818							
SID Mailing Address	Athletic Department 1600 Burrstone Rd. Utica, NY 13502							
Lacrosse Web site	www.ucpioneers.com							
Athletic Department Phone	(315) 792-3051							
ATHLETIC TRAINING								
Head Trainer	Dan Sheffer							
Phone	(315) 792-5298							
E-Mail	dsheffer@utica.edu							
RETURNING STATISTICAL LEADERS								
##	PLAYER	POS	YR	GP	G	A	P	GB
8	Casey Pelletier	M	SR	15	35	13	48	45
16	Laura Keating	M	SR	15	21	16	37	62
5	Jackie Vicencio	D	JR	15	20	6	26	57
11	Jill Doherty	A	SO	13	16	3	19	19
12	Kelly Regan	D	JR	15	10	8	18	35

COACHING STAFF	
Head Coach, Alma Mater, Yr.	Kristen St. Hilaire (University of Massachusetts, '05)
Record at Utica	First Year,
Lacrosse Office Phone	(315) 792-3182
Best Time To Reach Phone	9:00 a.m. - 4:00 p.m.
ASSISTANT COACH	
Assistant Coach, Alma Mater, Yr	Nick Evanoff (Utica College, '07)
TEAM INFORMATION	
2007 Overall Record	5-10
Home	3-5
Away	2-4
Neutral	0-1
LETTER WINNERS RETURNING	LETTER WINNERS LOST
15	2
STARTERS RETURNING - (POS/HT/YR)	
#3 Jennifer Nardini	(M/5-6/JR)
#5 Jackie Vicencio	(D/5-1/JR)
#8 Casey Pelletier	(M/5-9/SR)
#12 Kelly Regan	(D/5-3/JR)
#13 Ashley Herbert	(D/5-4/JR)
#16 Laura Keating	(M/5-7/SR)
#17 Jessica Leclerc	(G/5-9/SR)
#20 Annemarie Repucci	(D/5-5/JR)

HEAD COACH KRISTEN ST. HILAIRE

Kristin St. Hilaire enters her first season head coach of the women's lacrosse program at Utica College.

She spent the past two seasons as the assistant coach at Empire 8 Conference rival Ithaca College, where she helped guide the Bombers to an overall record of 11-18. Ithaca finished their 2007 season with a 9-7 record including a 5-2 conference mark. The 5.5 game improvement from 2006 marked the fourth best single season improvement ever by a Division III team.

From 2002-2005 St. Hilaire played at Division I University of Massachusetts where she earned Atlantic 10 All-Conference First Team honors all four years. She set school records for ground balls, forced turnovers, and draw controls. In 2004 St. Hilaire was named Atlantic 10 Defensive Player of the Year. In 2005 she graduated from the University of Massachusetts with a bachelor of arts degree in sociology.

St. Hilaire currently resides in her hometown of Syracuse, NY.



2007 RESULTS		
Opponent	W/L/T	Score
Oneonta	L	18-6
Colby-Sawyer	L	12-9
Spring Field	L	11-7
Geneseo	L	17-7
Cazenovia	W	18-4
Potsdam	W	9-5
Alfred	W	16-2
St. John Fisher	L	17-6
Hartwick	L	13-11
Nazareth	L	10-4
RIT	W	9-7
Ithaca	L	14-6
Elmira	L	16-11
Clarkson	L	17-12
Wells	W	19-1



OVERVIEW

The Utica College women's lacrosse team finished the 2007 season with a 5-10 overall record including two key Empire 8 Conference victories. With a new head coach at the helm and 15 returning letter winners, the 2008 Pioneers have a fresh look and hope to surprise the northeast women's lacrosse scene.



"I'm excited to take over here at Utica College and I think this group of young women has a ton of potential," says first-year Head Coach **Kristen St. Hilaire**. "With hard work in the off season and consistent play, day in and day out, I think the girls will continue to gain respect in our region."

On the offensive end, attacker **Casey Pelletier** returns for her senior campaign after tallying a team-high 48 points on 35 goals and 13 assists for the Pioneers in 2007. She also led UC with 68 draw controls and collected 45 groundballs. Pelletier was named UC's Female Athlete of the Week for the week ending Mar. 25, 2007. Her outstanding offensive output for the season also earned her Empire 8 All-Conference honors.

"Pelletier is going to have to be a leader on the offensive end along with athletic attacker **Laura Keating**," says St. Hilaire. "With the loss of some key defensive threats to graduation last season I think we will have to take advantage of our talent up front to win games."

Along with Pelletier, Coach St. Hilaire will have four of the top six point scorers returning from last seasons squad. **Laura Keating** compiled 37 points on 21 goals and a team-high 16 assists. Keating also led the team in groundballs with 62. Agile forward **Jackie Vicencio** returns as well after a

solid 2007 season. Vicencio tallied 26 points on 20 goals and six assists, along with 57 groundballs. Both Keating and Vicencio earned Empire 8 All-Conference honorable mention status for their efforts last season.

Junior midfielder **Kelly Jones** hopes to have a break out season after showing glimpses of greatness, posting five points on two goals and three assists, last season. Classmate **Kelly Regan**, who is also a member of the UC women's soccer team, returns after totaling 18 points on 10 goals and eight assists. Despite not playing lacrosse in high school Regan has demonstrated significant skill, and was also named UC's representative on the conference's sports-woman of the year team.

"We have a ton of talented multi-sport athletes here at Utica College," says St. Hilaire. "Regan, Keating, Leclerc and **Mallory Davis** are all two-sport athletes and it helps to keep them in playing shape during the off-season."

On the defensive end, the Pioneers have lost two substantial players, **Kerri Weber** and **Annie Thiel**, to graduation. To fill this void the Pioneers will rely on senior **Jennifer Nardini**, **Ashley Herbert** and **Annemarie Reppucci**. Herbert collected 11 groundballs last season, while Reppucci collected nine groundballs and one goal. Minding the net for the Pioneers this year will be **Jessica Leclerc**, who had a goals against average of 12.07 and a save percentage of .455 in 13



Fullerton and **Rebecca Beyer**. Kohanski, a potential division one prospect, leads the class of talented youngsters.

appearances. Leclerc's top performance of 13 saves came in the Pioneers' 9-7 victory over conference-rival RIT on Apr. 15, 2007.

Seven freshmen will begin their collegiate careers this season, including midfielder **Tammy Kohanski**, attacker **Lily Fleskes**, **Kasey Lederle**, **Nicole Paciello**, **Julianne Schultheiss**, **Kelly**

"With a core group of veterans and some talented freshmen, I think we have the makings of a competitive squad," says St. Hilaire. "Playing such a tough conference schedule- this will be no easy road and our girls are going to have to leave it all on the field!"



2008 ROSTER

#	NAME	POS.	YR.	HT.	H.S./HOMETOWN
1	Tammy Kohanski	M	FR	5-3	Cocoran/Syracuse
3	Jennifer Nardini	M	SR	5-6	Scotia-Glenville/Scotia
5	Jackie Vicencio	M	JR	5-2	Miller Place/Miller Place
6	Lily Fleskes	A	FR	5-2	Dover Sherborn/Dover, MA
7	Mallory Davis	D	JR	5-8	Rockville/Vernon-Rockville, CT
8	Casey Pelletier	A	SR	5-9	Mercy/Middletown, CT
11	Jill Doherty	A	SO	5-10	Kents/Wellesley, MA
12	Kelly Regan	D	JR	5-3	Massapequa/Massapequa
13	Ashley Herbert	D	JR	5-2	Hylton/Ballston Lake
15	Kelly Jones	M	JR	5-5	New Hartford/New Hartford
16	Laura Keating	M	SR	5-7	Horseheads/Whitesboro
17	Jessica Leclerc	G	JR	5-9	Deerfield Academy/Augusta, ME
18	Kasey Lederle	D	FR	5-8	Paul V. Moore/Central Square
20	Annemarie Reppucci	D	SO	5-6	Lowell/Lowell, MA
21	Nichole Paciello	D	FR	5-3	New Hartford/New Hartford
24	Julie Turner	M	SO	5-7	Geneva/Geneva
26	Julianne Schultheiss	A	FR	5-7	Commack/Commack
27	Kelly Fullerton	D	FR	5-5	Liverpool/Liverpool
44	Rebecca Beyer	GK	FR	5-5	Hopewell Valley/Titusville, NJ
88	Kelly George	GK	SR	5-0	Geneva/Geneva

PLAYER SHOWCASE



Laura Keating

#16 M SR 5-7 Whitesboro, NY

2007: Second straight appearance on Empire 8 All-Conference team ... Led the Pioneers with 62 groundballs and 43 caused turnovers ... Ranked second on the team with 37 points on 21 goals and a team-best 16 assists ... Tallied a season-high seven points in the Pioneers' 18-4 win over Cazenovia (3/27/2007) ... Finished second in the conference averaging 4.13 groundballs per game ... In two seasons with the Pioneers she has netted 39 goals and assisted on 24 others.

2006: Earned All-Conference Second Team status ... Led the conference in groundballs per game with 4.71 ... Ranked fifth on the team with 26 points on 18 goals and eight assists ... Started all 15 games for the Pioneers ... Caused a team-high 21 turnovers.

Personal: Laura is a 2004 graduate of Horseheads High School and is the daughter of Mary Keating ... Laura is currently pursuing a degree in health studies ... She is also a member of the women's basketball team.



Jennifer Nardini

#3 M SR 5-6 Scotia, NY

2007: Played in 15 games for UC, while starting 13 ... Tallied two assists and one goal on the year ... Picked up 32 groundballs and caused 11 turnovers ... Netted her lone goal of the season and added one assist in the Pioneers' 11-7 loss against Springfield College (3/14/2007).

2006: Appeared in 15 games, started 12 ... Collected three points on two goals and one assist, along with 26 groundballs, nine caused turnovers and two draw controls ... Tallied all three points in the Pioneers' 20-3 victory over visiting Cazenovia College (3/30/2006).

2005: Named Empire 8 All-Conference Honorable Mention ... Appeared in 14 contests, starting 12 of them ... Collected 20 groundballs, five draw controls and two assists ... Tallied her first collegiate assist in the Pioneers' 11-2 win over visiting Cazenovia College (3/24/2005) ... Picked up a season-high three groundballs on four different occasions.

Personal: The daughter of Donna and Edward Nardini, Jennifer is currently pursuing a degree in physical therapy.



Kelly Regan

#12 D JR 5-3 Massapequa, NY

2007: Earned Empire 8 Sportswoman of the Year honors after totaling 18 points on ten goals and eight assists ... Played in all 15 games for UC and picked up 35 groundballs while causing 22 turnovers ... She scored four points (two goals, two assists) on two separate occasions.

2006: Played in nine games, while starting two ... Scored her first collegiate goal, her only goal of the season, in the Pioneers' 16-9 win at Clarkson University (4/19/2006) ... Scooped up nine groundballs on the year, including a season-high four in the Pioneers' victory over visiting Cazenovia College (3/30/2006).

Personal: The daughter of Mary and Randy Regan, Kelly is a nursing major ... She is also a member of the UC women's soccer team.



Casey Pelletier

#8 M SR 5-9 Middletown, CT

2007: Named to Empire 8 All-Conference Second Team ... Tallied a team-high 48 points (35 goals, 13 assists) in 15 games ... Led UC with 68 draw controls while collecting 45 groundballs. ... Named UC's Female Athlete of the Week for the week ending March 25, 2007 ... Tallied at least three points in nine games, including a career-best seven points (six goals, one assist) in the Pioneers' 9-5 win over Potsdam St. (3/30/2007).

2006: Appeared in all 15 contests including 14 starts ... Collected 16 points on 11 goals and five assists, along with 51 groundballs, 27 draw controls and eight caused turnovers ... Scored a season-high four goals in the Pioneers' 12-10 win at host Ithaca College (4/22/2006).

2005: Named Empire 8 All-Conference Honorable Mention ... Started all 14 contests ... Led the team with 48 draw controls and 47 groundballs ... Scored 17 points on 14 goals and three assists ... Her 14 goals were good for fourth on the team ... Netted a season-high four goals in the Pioneers' 11-8 loss against visiting St. John Fisher College (4/9/2005) ... Led the team in freshman scoring.

Personal: The daughter of Tara and Marc Pelletier, Casey is currently pursuing a degree in physical therapy.



Jackie Vicencio

#5 D JR 5-1 Miller Place, NY

2007: Played in all 15 games ... Ranked third on the team with 26 points on 20 goals and six assists ... Grabbed 57 groundballs, good for second on the team, and caused 21 turnovers ... Named the college's female athlete of the week after scoring five goals and assisting on two others during the week ending April 8, 2007.

2006: Named Utica College Women's Lacrosse Sportswoman of the Year ... Appeared in all 15 contests, started 13 ... Collected 12 points on six goals and six assists, along with 36 groundballs, seven caused turnovers and five draw controls.

Personal: The daughter of Cecille and Antonio Vicencio, Jackie is a physical therapy major.

ASSISTANT COACH NICK EVANOFF

Nick Evanoff will be entering his first season as assistant coach for the Utica College women's lacrosse team.

Evanoff graduated in 2007 from Utica College with a degree in criminal justice. He played four years on the men's lacrosse team as a defenseman and in his final year, 2007, he was named a tri-captain for the Pioneers. His career stats included 14 points on nine goals and five assists along with 96 groundballs in 41 games played. In 2008 he was named the Empire 8 Sportsmanship Award winner for Utica College.

Originally from Cicero, NY, Nick graduated from Cicero-North Syracuse in 2003 and he was a member of the lacrosse and golf teams. He currently resides in Rome, NY.

