



2006 – 2007

MEN'S 2006-07 SCHEDULE

DATE	DAY	OPPONENT	LOCATION	TIME
10/28	Sat	LeMoyne	Away	1:00 PM
11/04	Sat	Saint Rose	Away	1:00 PM
11/11	Sat	Oneonta State	Home	1:00 PM
11/15	Wed	Wells	Away	6:00 PM
11/18	Sat	Skidmore	Away	1:00 PM
12/02	Sat	Brockport State	Home	1:00 PM
1/12	Fri	Alfred	Home	1:00 PM
1/13	Sat	R.I.T.	Away	1:00 PM
1/20	Sat	Clarkson	Away	1:00 PM
1/27	Sat	Nazareth	Home	1:00 PM
1/28	Sun	Hamilton	Away	10:00 AM diving
2/21	Wed	UNYSCSA Conference Championships (@ Nottingham High School, Syracuse, NY)		

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2/14	Wed	NYSWCAA Conference Championships (@ Nottingham High School, Syracuse, NY)		



2006



2007

2005-06 Results

Head Coach

WOMEN'S 2005-2006 RESULTS

DATE	OPPONENT	W/L/T	SCORE
10/29	LeMoyne	L	99 - 170
11/05	College of St. Rose	L	38 - 72
11/12	@ Oneonta State	L	95 - 134
11/16	Wells	W	150 - 106
11/19	Skidmore	L	135 - 157
12/03	@ Brockport State	W	157 - 133
1/13	@ Alfred	L	137 - 143
1/14	R.I.T.	L	94 - 129
1/28	@ Nazareth	L	92 - 144
2/16	@ NYSWCAA CC	-	13th

MEN'S 2005-2006 RESULTS

DATE	OPPONENT	W/L/T	SCORE
10/29	LeMoyne	L	168 - 78
11/05	College of St. Rose	L	22 - 78
11/12	@ Oneonta State	L	86 - 133
11/19	Skidmore	L	119 - 132
12/03	@ Brockport State	L	97 - 149
1/13	@ Alfred	L	83 - 121
1/14	R.I.T.	L	38 - 151
1/28	@ Nazareth	L	51 - 110
2/25	@ UNYSCSA CC	-	6th

Eric Stilz is entering his 10th season as head coach of men's and women's swimming and diving and director of aquatics at UC. In the past nine years Stilz's teams have demonstrated continued improvement by setting 39 team records. Prior to coming to Utica, Stilz was the age group coach of the Merrimack Club Team in Bethesda, MD in 1991, assistant coach at Monroe Community College from September 1992 to March 1993, assistant coach at Nazareth College from September 1993 to March 1997, and the age group coach of the Greater Rochester Racing Raiders from September 1996 to March 1997. A successful collegiate swimmer at Monroe Community College and American University, Stilz was a two-time national junior college qualifier and a member of the 1991 Colonial Athletic Conference Championship Team at American.

Stilz, who resides in Clinton, earned his bachelor's degree in business administration at American University in 1992, and is currently pursuing his master's degree in higher education at Syracuse University.



Quick Facts

Location	Utica, NY
Founded	1946
Enrollment	2,900
President	Todd S. Hutton
Nickname	Pioneers
Colors	Blue/Orange
Affiliation	NCAA Division III
Conference	Empire 8
Home Pool	Utica College Pool
Capacity	250

COACHING STAFF

Head Coach	Eric Stilz
Assistant Coach	Kyle Perry

DIRECTORY

Athletic Director	James Spartano jspartano@utica.edu (315) 792-3051
Swim and Dive Office	(315) 792-3103
Sports Information	Gil Burgmaster gburgmaster@utica.edu (315) 792-3772 (315) 792-3818 fax
Admission	(315) 792-3006 admiss@utica.edu
Web Site	www.ucpioneers.com



Overview

WOMEN'S TEAM

The departure of senior record holder and 2005-2006 captain **KELSEY SCHWILLING** leaves a void in the Utica College lineup, but fortunately for coach Eric Stilz, the 2006-2007 Pioneers enter the season with 10 returnees and the largest recruiting class in recent history. Ten women from last year's sixth place conference finish will be back at it again along with the addition of five standout freshmen.

KELLY SPALLHOLTZ will be the lone senior returnee this year, and will look to improve as one of UC's top backstroke swimmers. Junior returnees include **NICOLE BOSSLER**, **DENICE GOODRICH**, **CHRISTINE FULLERTON**, **CORRINE HURSH**, **ADDISON LERNER**, and **LINDSEY MCCONNELEE**. **LAURA GOULD** returns as the lone sophomore on the squad. Learner, Goodrich, and McConnelee will add depth to the sprinting group emerging at UC. Lerner will also join Bossler and Fullerton in the breaststroke events, while Hursh and Gould will try to pick up where Schwilling left off as they compete in the butterfly events. Bossler will also compete in the middle-distance events as well as the Individual Medley. Gould will continue to compete in the distance events.

Junior **NIKKI GLASSMOYER** will lead the diving corps, which will also include junior **HALLIE FILREIS** and freshman **ASHLEY RASBACH**. Along with Rasbach, four other freshman swimmers come to UC from strong swimming backgrounds: **ASHLEY DEVITO**, **CATHERINE MARTIN**, and **MALLORY CRANMER**.

MEN'S TEAM

Leading the Pioneers into their 34th season will be returning school record holder in the 100 meter butterfly **MIKE MOTTOLA**. Mottola provides a strong work ethic that led to last year's 10th place finish at UNYSCSA Conference Championships in the 200 fly and 12th in the 100 fly. He will continue to lead the butterfly contingent, which is bolstered by senior **ALEX NICHOLS**. Junior **NATE SHEEHAN** will look to improve on last year's 25th and 24th placing in the 200-breast and 100-breast respectively.

Stilz has lofty goals for the men's team this year including improving on last year's dual meet record and an even stronger showing at states.

The leading freshman candidate for the Pioneers is **BRYAN DURLAND**. A four-year member of the Warwick men's swimming team, Durland helped set a school record in the 200-free relay. He also competed with the swimming club Aqua Gems.

Assistant Coach

Kyle Perry is entering his second year as the assistant coach of the men's and women's swimming program as well as the women's water polo program. He has extensive coaching experience, working as an assistant for Team Millennium (River Ofrest, IL) from 2002-2006, and was the assistant for the Miami Valley Aquatic Club (Oxford, OH) from 2004-2005. He also comes with a wealth of water polo coaching experience after serving as an assistant for Miami University's men's and women's club water polo teams from 2001-2005. Perry graduated from Miami University with a BA in English. He is currently working on his graduate degree at Utica College.

Roster

Women's Team

NAME	YR	EVENT	HIGH SCHOOL/HOMETOWN
CARA SWEENEY	FR	BA	Mercy/Cromwell, CT
KRISTINE WOWELKO	FR	FR	Chittenango/Bridgeport
ADDISON LERNER	JR	FR	Parkland/Orefield, PA
NIKKI GLASSMOYER	JR	Dive	Wilson/Sinking Springs, PA
CHRISTINE FULLERTON	JR	FR	Burrville/Harrisville, RI
KELLY SPALLHOLTZ	SR	BA-FR	Sayville/Sayville
DENICE GOODRICH	JR	IM-FR	St. Lawrence/Brasher Falls
NICOLE BOSSLER	JR	IM-FR	Reading/Reading, PA
CORINNE HURSH	JR	FL-FR	Manchester Memorial/Auburn, NH
HALLIE FILREIS	JR	Dive	Framingham/Framingham, MA
MALLORY CRANMER	FR	BR	Corning East/Corning
CATHERINE MARTIN	FR	FL-BA	Roxbury/Landing
MARIA SOLORZANO	FR	FR	Murry Bergtraum/NY, NY
ASHLEY RASBACH	FR	Dive	Rome Free Academy/Rome
KAYLA FRANCIS	SR	BA-IM	General Vanier/Hogansburg
LAURA GOULD	SO	BR-IM	Howard/Columbia, MD
ASHLEY DEVITO	FR	BA-FR	Thousand Islands/Clayton
BLAIR KOLBE	SR	FR-BA	Schrewsbury/Schrewsbury, MA
LINDSEY MCCONNELEE	JR	FR	West Genesee/Camillus
ANNIE THIEL	SR	FR	Hamden/Hamden, CT

Men's Team

NAME	YR	EVENT	HIGH SCHOOL/HOMETOWN
BRANDON REYNOLDS	SR	FR	Catskill/Catskill
ALEX NICHOLS	SR	FL-FR	Paul V. Moore/Cleveland
MIKE MOTTOLA	JR	FL-FR	Ballston Spa/Ballston Spa
JIM GIRUZZI	SO	FR	Thomas R Proctor/Frankfort
ADAM HARDING	SO	Dive	East Greenbush/East Greenbush
JOHN HOOKER	FR	Dive	Cicero-North Syracuse/Cicero
TOM MEININGER	SR	FR	Mount Markham/Cassville
YEVGENY KALYUSKIN	JR	FR-IM	Bayside/Kew Gardens
KENNETH STERGAS	SO	FR	Whitesboro/Whitesboro
BRYAN DURLAND	FR	FR	Warwick Valley/Sugarloaf
NATHAN SHEENAN	JR	BR-FR	Somerset/ Somerset, MA

Player Showcase



NICOLE BOSSLER

JUNIOR
IM-BR
READING/READING, PA

TOP UC TIMES THROUGH 8/06

100 Free - :59.49	200 Back - 2:33.77
200 Free - 2:10.41	100 Breast - 1:12.68
500 Free - 5:45.49	200 Breast - 2:40.98
1000 Free - 12:13.05	100 Fly - 1:08.88
100 Back - 1:07.52	200 IM - 2:26.46

PERSONAL: A member of both the UC swimming team and the UC water polo team...Named the water polo team's offensive MVP in 2005, in which she led the Pioneers in goals (13), steals (27) and kick outs drawn (17). Nicole is the daughter of Christine and Robert Bossler.



MIKE MOTTOLA

JUNIOR
FL-FR
BALLSTON SPA/BALLSTON SPA

TOP UC TIMES THROUGH 8/06

50 Free :23.83	100 Fly -:54.16
100 Free :54.33	200 Fly - 2:02.05
200 Free - 1:54.61	200 IM - 2:16.80
100 Breast - 1:11.37	

PERSONAL: Currently holds four Utica College swimming records...The son of Ellen and Bill Mottola, Mike is a health studies/physical therapy major.



DENICE GOODRICH

JUNIOR
IM-FR
ST. LAWRENCE/BRASHER FALLS

TOP UC TIMES THROUGH 8/2006

50 Free :27.82
100 Free - 1:01.72
100 Fly - 1:13.04

PERSONAL: A member of both the UC swimming team and the UC water polo team...The daughter of Donna and Terry Goodrich, Denice is an economic crime investigation major.



NATHAN SHEEHAN

JUNIOR
BR-FR
SOMERSET/SOMERSET, MA

TOP UC TIMES THROUGH 8/06

50 Free - 00:25.21	100 Breast - 1:04.61
100 Free - 00:57.69	200 Breast - 2:25.93
200 Free - 1:58.47	200 IM - 2:23.85
500 Free - 5:47.77	

PERSONAL: The son of Christine and Michael Sheenan, Nathan is a nursing major.



KELLY SPALLHOLTZ

SENIOR
BA-FR
SAYVILLE/SAYVILLE

TOP UC TIMES THROUGH 8/2006:

50 Free :29.20
100 Free - 1:04.24
100 Back - 1:13.29
200 Back - 2:38.02

PERSONAL: The daughter of Denise and Howard Spallholtz, Kelly is a health studies/physical therapy major.



ALEX NICHOLS

SENIOR
FL-FR
PAUL V. MOORE/ CLEVELAND

TOP UC TIMES THROUGH 8/06

50 Free - 0:29.64	100 Fly - 1:03.31
100 Free - 1:00.56	200 Fly - 2:17.67
200 Free - 2:07.69	200 IM - 2:31.25
500 Free - 5:56.87	400 IM - 5:45.28
1000 Free - 12:51.25	

PERSONAL: The son of Leslie and Scott Nichols, Alex is a computer science major