



INFORMATION. TIPS. EVENTS.

UC MATTERS

THE SOURCE

MARCH 2019

UC PEOPLE

Erin Kelly, Internship Program Director for the Nutrition Program

By Maggie Reid '19, PR Intern

Q: Tell us a bit about yourself.

A: I am a registered dietitian. I went back to school when I was almost 40 for a master's in nutrition science, and became a registered dietitian in 2015. I've been at Utica for about a year and a half full time. A year before that I also taught as an adjunct. My current position is internship program director for the nutrition program.

the job I held was not a stable position, and the timing seemed right to become a dietitian. I knew I would be done by the time my son hit middle school, and this was something I took a personal interest in as an athlete and someone interested in health and wellness.

Q: Can you explain what exactly the Food Recovery Network is?

A: It is a national organization that essentially saves food that would have been thrown away and gives it to hunger relief organizations. It's mainly on college campuses, and it is really meant to be a mostly student-run organization, as it was students at the University of Maryland who founded it in 2011.

Why is it important that UC is now a member?

A: It's important for a couple different reasons. Hunger is a problem

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Q: Why did you choose nutrition?

A: I had a career teaching exercise science courses at a few different schools. As I was teaching, I found myself incorporating nutrition more and more, doing my own reading and research. It was kind of a perfect storm. When I went back to school,

"We can help improve the health and well being of the people in the community."

-Erin Kelly



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HR Notes



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2019 Heart
Run and Walk



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In the News,
Kudos



BACK COVER
Events & Training



Leading educator and author on dementia Teepa Snow (left) spoke to students, caregivers and other professionals about coping with challenging behaviors and promoting engagement. Snow has made it her personal mission to help families and professionals move past commonly held and inaccurate beliefs about dementia; rather, she wants to create awareness of what is actually changing within the brain. 3/01

UTICA
COLLEGE

Never stand still

HR NOTES

New Hires

Ryan Clement, *Project Manager, Office of Admissions*

CONGRATULATIONS!



The Kudos Card program monthly drawing winner is...

Kristen Holt

Congratulations, Kristen, and enjoy your prize!!

You can access the link below at any time to recognize a colleague for his/her great work:

utica.edu/kudos

"Thank you for always being willing to help whenever you are asked. It is truly refreshing to have someone so dedicated to making UC the best place to be."



UTICA COLLEGE BOILERMAKER CORPORATE CUP TEAM

Utica College will once again have a Corporate Cup team in the Boilermaker 15K race. Faculty, staff, and students running the 15K are eligible to be part of the team if they work at UC at least half time (20 hrs/week) or have retired within the last 3 years. All are welcome to join the team, no matter your level of skill (really!). Only the top 5 scores are used to determine the winners and there is no limit to the size of our team. All members of the team get a free Boilermaker coffee cup.

To register for the team:

If you have not already registered for the Boilermaker, you can add yourself to the UC team during your registration period using Dean Sharon Wise's email (swise@utica.edu).

If you are already registered, please send Dean Wise (swise@utica.edu) your name and email you used for registration and she will add you to the UC Team Roster.

AMERICA'S GREATEST HEART RUN & WALK 2019



A-C: Team UC was bundled up and ready to brave the elements as Utica College hosted America's Greatest Heart Run and Walk. 3/2



D-E: Utica College hosted the annual Health and Fitness Expo in the Harold T. Clark Jr. Athletic Center. 3/1

Daniel Cruz, associate professor of English, had his book, *Queering Mennonite Literature: Archives, Activism, and the Search for Community*, published by Penn State University Press. The book argues that a number of recent Mennonite literary texts espouse queer theoretical principles such as an intersectional, third way approach to ending oppression as an element of their socially-activist outlook.

- **Cruz** also presented a paper, "Queering Space in Ana Castillo's *Give It to Me*," at the Modern Language Association Annual Convention held in Chicago.

Dave Dellecese, director of content strategy, published his first children's book, "The Little Lamp." The book talks about dealing with darker times in our lives and knowing the importance of self worth. Dellecese also published "Holidaze," which is an adult comic book and is available in digital and print formats, and is working on a novel, "Lacey and Lily," which should be available by the fall.

Hossein Behforooz, professor of mathematics, had his paper "Nested Radicals" published in the *Reader Reflection Section* of the *Journal of Mathematics Teacher*.

Sara Scanga, associate professor of biology, co-authored an article "Observations of Habitat Associations in Boreal Forest Birds and the Geographic Variation in Bird

Community Composition" which was published by the *Wilson Journal of Ornithology*.

- **Scanga** also worked with **Jessica Thomas**, associate professor of biology, on a piece called "Undergraduate Research Highlights: Erythritol, at Insecticidal Doses, Has Harmful Effects on Two Common Agricultural Crop Plants" which was published by *Scholarship and Practice of Undergraduate Research*.

Elizabeth Threadgill, assistant professor of English, wrote "Students Response to a Corequisite Pilot Program: A Retrospective" which was published in the *Journal of College Academic Support Programs, Volume 1*.

- **Threadgill** also had her paper "Unusual Pellet Contents" published in *Transom*.
- **Threadgill** also had her paper "Dispersed" published in *Radar Poetry*.

Thomas Crist, Harold T. Clark Jr. Professor of Anthropology and Anatomy and professor of physical therapy, gave Halloween-themed presentations at Mohawk Valley Community College's Rome Campus on October 30 and the Utica Campus on November 1 as part of the MVCC Cultural Series. Crist's presentation was titled "An Archaeological Tour of Mysterious and Unusual Burials."

James Smith, professor of physical therapy, **David Schilling**, assistant professor of physical therapy, **Ashraf Elmarakby**, assistant professor of physical therapy, **Molly Hickey**, associate professor of physical therapy, and **Gabby Moriello**, associate professor of physical therapy, gave presentations at the Annual American Physical Therapy Association Combined Sections Meeting in Washington, DC, in February.

Michelle Nunno-Evans, assistant professor of physical therapy, **Dawn Evans**, assistant professor of physical therapy, **Gabriele Moriello**, associate professor of physical therapy, and **Marissa Rocci-Armstrong**, received a \$5,000 grant from the American Heart Association through the 2019 Community Impact Fund for the STEPS program that is held at the Utica Parkway Senior Center.

Congratulations to **Pamela Salmon**, vice president for financial affairs, who is now a certified EMT.

Please send information and photos for KUDOS to source@utica.edu.

IN THE NEWS...



WKTV news anchor Gary Liberatore speaks with James Monahan (right), professor of practice - nursing, during the Health and Fitness Expo. [3/1](#)

- *Greater Utica Magazine's* Brad Velardi wrote a story about Henry DiSpirito's artworks featured at Utica College. [1/17](#)
- **Anthony Martino**, director of the Northeast Cybersecurity and Forensics Center at UC, was a guest on *WUTQ Talk of the Town 100.7 FM* to discuss 5G. [2/1](#)
- **Chris Tingley**, assistant professor of marketing and strategy, was a guest on *WKTV Live at Sunrise* to discuss Super Bowl ads. [2/4](#)
- *WUTR Eyewitness News* reporter Marlee Tuskes spoke with **Chris Tingley**, assistant professor of marketing and strategy, about Super Bowl ads. [2/4](#)
- *WUTR Eyewitness News* reporter Parker Tully interviewed **Tom Armitage**, adjunct professor of social media and marketing, about social media influencers. [2/5](#)
- *WKTV News Channel 2* covered the Utica College Young Scholars Mentor Recognition Dinner. [2/5](#)
- **Luke Perry**, professor of government and politics and director of UC's Center for Public Affairs and Election Research, was a guest on *WUTQ Talk of the Town 100.7 FM* to discuss the State of the Union address. [2/6](#)
- *Observer-Dispatch* reporter Amy Neff Roth spoke with students and staff of the Utica College Young Scholars Liberty Partnerships Program, the Collegiate Science & Technology Entry Program (CSTEP) and the Arthur O. Eve Higher Education Opportunity Program (HEOP), about the proposed budget cuts in New York State. [2/9](#)
- **Dave Roberts**, adjunct professor of psychology, wrote an article for *Medium*, "Cancer: Musings About and Unlikely Teacher of Life and Loss." [2/10](#)
- **Luke Perry**, professor of government and politics and director of UC's Center for Public Affairs and Election Research, wrote a guest editorial for the *Observer-Dispatch* about Representative Anthony Brindisi's first month in Congress. [2/10](#)
- **Luke Perry**, professor of government and politics and director of UC's Center for Public Affairs and Election Research, spoke with Bill Keeler on *First News with Keeler in the Morning* about the government shutdown and electoral reforms in NY. [2/11](#)
- *WUTR Eyewitness News* reporter Jenn Seelig spoke with **Alison Franklin**, director of counseling, about keeping students safe. [2/12](#)
- *WKTV News Channel 2* reporter Joleen Ferris spoke with **Todd Pfannestiel**, Utica College provost, about the criteria for colleges versus universities in New York State. [2/12](#)
- **David Wittner**, professor of history, was a guest on *Meiji at 150 Podcast Series*, to discuss the roles of Japanese entrepreneurs and oyatoi advisers during Meiji industrialization. [2/15](#)
- **Dave Roberts**, adjunct professor of psychology, wrote an article for *Medium*, "Reflections About My Daughter's Death, 16 Years Later." [2/26](#)
- **Daniel Tagliarina**, assistant professor of government and politics, was a guest on *WUTQ Talk of the Town 100.7 FM* to discuss defamation laws. [2/26](#)
- **Luke Perry**, professor of government and politics and director of UC's Center for Public Affairs and Election Research, was a live guest on *WKTV News Channel 2* to discuss the Cohen hearings. [2/27](#)
- **Raymond Philo**, adjunct professor of criminal justice, was a guest on *WUTQ Talk of the Town 100.7 FM* to discuss the anniversary of the death of officer Joseph Corr. [2/28](#)

everywhere, and one of my core beliefs is that as nutrition professionals, it is part of our job to make sure that everyone has access to enough healthy food regardless of who they are or how much money they have. Another issue is that one third of the food produced every year in this country is wasted, and a lot of it is perfectly good food that could go to feed people. The nutrition students decided that this was something important for us all to be involved in. They were excited and said let's get this going.

Q: How will UC make a difference in the Utica community by being a member?

A: At the very heart of it, we can help people not to go hungry. Since November, we have donated about 500 pounds of food. We can help improve the health and well being of the people in the community. Right now we have a group of five to six core nutrition students. We are always looking for volunteers, the time commitment is pretty small and people can chose to come as often or as infrequently as they want. They can email me if interested, all they have to do is a brief food safety training that I will provide.

Q: What was the process like to become a member? What did it involve?

A: First, we had to form a student leadership group since they are the ones who will take charge at each of the recoveries. We had to make arrangements with Damian Boehlert, dining services general manager, and he was completely on board and happy to work with us. We also had to find our partner agencies, and we had to sign agreements with them that they were willing to take our food. The student advisory group had to do a food safety training that was given by the Food Recovery Network to make sure our collection procedures were safe. Finally, we had to do two trial-run recoveries to make sure we could go through the process. So in January, we became an official chapter. Recovery runs happen twice a week on Wednesdays and Fridays. On Wednesdays, food is donated to the Rescue Mission and on Fridays, it is donated to Hope House.

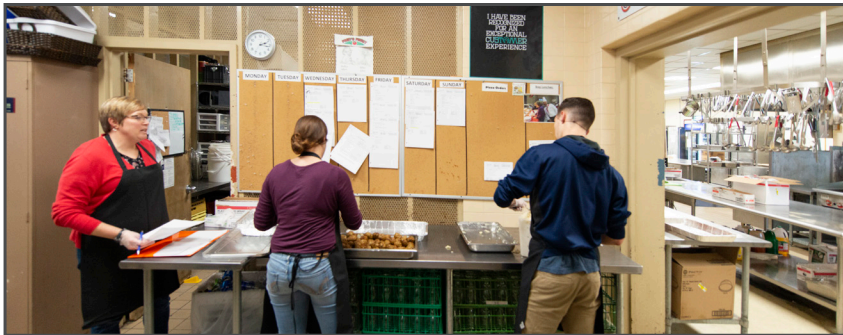
Q: What do you do in your free time?

A: I don't have a lot, but for most of it, I like to read, knit, hang out with my family and my dogs. I spend a lot of time attending my son's basketball and baseball games throughout the year.

AROUND CAMPUS & BEYOND



From Left: Jason Bingay '19, nutrition, and Mercedes Rumrill '21, nursing, work with Erin Kelly to package more than 75 pounds of food to be delivered to Hope House. Utica College recently joined the local chapter of the Food Recovery Network. 3/01



Alexandra Carletta '13 is now an officer with City of Rome, NY Police Department and she takes a bite out of crime - or should we say her K9 partner Arco does! 100-lb. Arco and Carletta visited UC criminal justice students to discuss life on the job. 2/20



UPCOMING EVENTS/TRAINING

Please visit utica.edu/hr/training for updates and to register.

For Health and Wellness events, visit utica.edu/hr/wellness

March

03/26/19 Rally Healthy Rewards & Telemedicine Information Session, 1:00 p.m., IITS Training Room.

03/26/19 Young Scholars Grow Big Dreams Celebration Dinner, 5:00 p.m., (Reservations Required)

03/28/19 First Annual Project Fibonacci Foundation Women in STEAM Congress, 8:00 a.m. - 2:00 p.m., Library Concourse.

April

04/07/19 Moose Madness

04/13- Relay For Life, 6:00 p.m. - 6:00 a.m., Harold T. Clark
04/14/19 Athletic Center

04/18/19 Reading: Aimée Baker, Winner of the 2019 Eugene Paul Nassar Poetry Prize, 7:30 p.m. Carbone Family Auditorium, Reception to Follow

04/18/19 TIAA Creff Individual Meetings, Strebel Student Center, 105 C. Please call 1-800-732-8353 to schedule an appointment.

AROUND CAMPUS

HEALTH & WELLNESS

RALLY

Rally Healthy Rewards & Telemedicine Informational Session

**March 26th at 1:00 p.m.
IITS Training Room**

Learn more about what your health plan has to offer you!
Discover telemedicine, Healthy Rewards and other resources that can help you and your family live healthier.
Start using your benefits as a health plan, not just a sick plan. Register today - spaces are limited.

utica.edu/hr/training.cfm



A: Students networked, distributed resumes, and learned about job opportunities at this year's Job and Internship Fair, which brought more than 50 employers to campus. *3/6*