



INFORMATION. TIPS. EVENTS.

UC MATTERS

THE SOURCE

FEBRUARY 2018

UC PEOPLE

Eileen Blumenauer – Head Women's Soccer Coach

By Kelsey Carlo '18, PR Intern

Q: Tell us a little about yourself and how you came to be in your position at UC.

A: I am originally from Oneonta. After high school, I attended Herkimer County Community College and received an associate's degree in social sciences. I then went on to SUNY Geneseo where I received my bachelor's degree in psychology.

I also pursued my master's degree in education-school counseling. After St. Lawrence, I was the assistant coach at Endicott College in Beverly, MA. Having four years of college coaching experience, I was excited to pursue opportunities as a head coach.

Q: Are you involved in anything else on campus beside head coaching?

A: Being the head coach, I also recruit players so I am pretty busy. I have taken on advising the Student Athlete Advisory Committee and also teach a fitness class. As an adviser, I help the student athletes with any events that they put on and I help them project a voice on campus. As an instructor of a fitness class, I plan a series of exercises that I feel would be most beneficial to students. I've also gotten involved with America's Greatest Heart Run and Walk, where I am now a team captain, along with Marissa Finch, Fran Lucia, Betsy Caraco, and Monica Brown-Hodkinson.

continued on page 3

While I was in college, I played both soccer and lacrosse. After Geneseo, I played semi-pro soccer for the Rochester Ravens of the United Soccer League for two years. Prior to coming to UC, I spent three years as the assistant coach of the women's soccer team at St. Lawrence University where

"According to the American Heart Association, prevention is key when it comes to heart health."

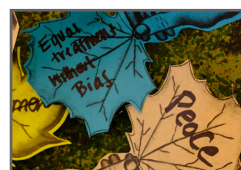
-Eileen Blumenauer



PAGE 2
HR Notes



PAGE 4-5
Kudos &
In the News



BACK COVER
MLK Day 2017



BACK COVER
Events & Training



"A great shot from our recent full-scale exercise at Utica College. Epicenter has provided emergency management services at [UC] for almost two years and have provided a variety of services (exercises, training of three EM teams, planning, threat/hazard assessments, executive coaching, and more). This was a busy day and all involved did a great job!"
- Courtesy of Epicenter Media and Training
1/10

UTICA
COLLEGE

Never stand still

HR NOTES

New Hires

MeeNah Pelland, *Administrative Assistant III, HPE*

New Titles

Patrice Hallock, *Interim Dean of the School of Health Professions and Education*

Joseph Castellitto, *Athletic Assistant-Football*

Alexis Cooper, *Senior Assistant Director of Admissions*

Anna Drake, *Senior Assistant Director of Admissions*

Joanne Pluff, *Senior Assistant Director of Admissions*

Mark VanDreason, *Senior Assistant Director of Admissions*

Brian Gleitsmann, *Assistant Director of Admissions*

Katie Maneen, *Assistant Director of Admissions*

Andrea Nardi, *Assistant Director of Admissions*

Sara Stevens, *Senior Assistant Director of Enrollment Operations*

Michael Blehar, *Coordinator of Financial Aid Operations*

Ryan Dembrow, *Coordinator of Financial Aid Operations*

Anne Patterson, *Coordinator of Financial Aid Operations*

Andrea Curley, *Financial Aid Counselor*

Adam Goodhines, *Financial Aid Counselor*

Erica Scholl, *Financial Aid Counselor*

Sandra Shepardson, *Financial Aid Counselor*

Wendy Stevens, *Financial Aid Counselor*

Robyn Bailey, *Student Accounts Coordinator*

Jamie Barcomb-Busansky, *Senior Coordinator of Financial Aid Operations*

Susan Boucher, *Associate Director of Financial Aid & VA Coordination*

Rosanna Falcher, *Director of Student Accounts*

Karolina Holl, *Director of Financial Aid*

Katherine Hoover, *Student Accounts Coordinator*

Karen Lorraine, *Associate Director for Financial Aid*

CONGRATULATIONS!

The Kudos Card program monthly drawing winner is...

Karen Chamberlain

Congratulations, Karen, and enjoy your prize!

You can access the link below at any time to recognize a colleague for his/her great work:

utica.edu/kudos

"Kudos to you for going above and beyond. Karen, Thank you for always offering a helping hand when I am in need. You are truly a team player and have filled the missing piece in our office perfectly. I appreciate everything you do."



UC GEARS UP FOR 21ST ANNIVERSARY HOSTING AMERICA'S GREATEST HEART RUN AND WALK

Team UC is excited to be gearing up for the Heart Run and Walk which will be held on Saturday, March 3! If you would like more information on the Health Expo (held on Friday 3/2) or on the Heart Run and Walk please visit our webpage at utica.edu/heartrun.

Currently, Team UC has Penny Wars going on in a number of offices on campus and a "Pie-The-Coach" event planned for Wednesday, Feb. 28. The team will also be selling T-shirts outside the cafe from 11 a.m. to 2 p.m. every Monday through Thursday beginning on Feb. 19.

The annual Heart Expo will take place on Friday, March 2 in the Harold T. Clark Jr. Athletic Center from 9 a.m. to 7 p.m. On Saturday, March 3, the day of events will begin with the 30k run at 6:30 a.m. and the 13.1 mile run immediately following at 6:45 a.m. Later that morning, the 5-and-3-mile runs will begin at 9:20 a.m. with the 5-and-3-mile walks beginning at 10:30 a.m.

For more information, contact Marissa Finch at x4575 or Eileen Blumenauer at x3875.

To join Team UC, register online at:
www2.heart.org/site/TR/HeartWalk/FDA-FoundersAffiliate?team_id=255070&pg=team&fr_id=2971



Q: How did you get involved in the Heart Run and Walk?

A: When I came to UC, the women's field hockey coach was one of the captains of Team UC but she left. The team was looking for someone from athletics to fill the position. The responsibilities made me very excited. I was happy that this opportunity came along because it helped me be more involved on campus and since I was new, it was perfect timing.

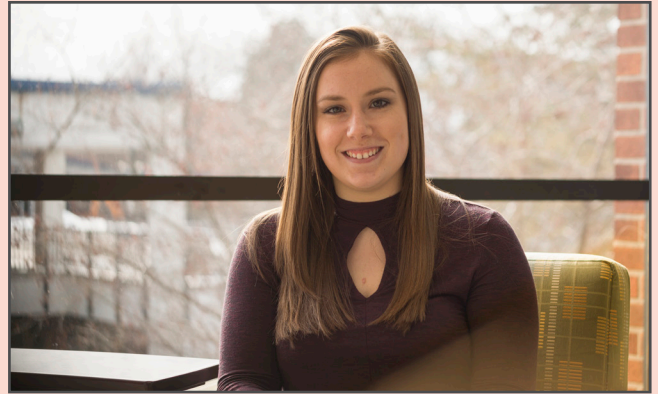
Q: What are some tips for heart health?

A: According to the American Heart Association, prevention is key when it comes to heart health. It is important to get checked regularly to make sure everything is okay. It is also important to eat heart healthy foods such as fruits and vegetables, whole grain, nuts, low-fat dairy products, poultry and fish, etc. Another important thing to do is exercise; just to get into the routine of having exercise in your life can make a big difference. The American Heart Association recommends 150 minutes per week of moderate exercise or 75 minutes of vigorous exercise.

Q: What is different about UC's team this year?

A: Typically the heart run and walk is focused around heart health awareness. Well, this year our team is focused on heart defects. Our honorary captain this year is UC

student Samantha Miller '20 and she was chosen because she has a rare congenital heart defect called dextrocardia dextroposition. This means her heart is on the right side of her body and it is also turned backwards. We wanted to do this mainly because it is so rare and we wanted to bring more awareness about heart defects. (See sidebar story)



NOT JUST A DISEASE: HEART DEFECTS ALSO A CONCERN

UC Student Named Honorary Captain

Samantha Miller '20 is this year's honorary captain representing Team UC for America's Greatest Heart Run and Walk. A sophomore majoring in criminal justice and minoring in sociology, Miller was born with a rare congenital heart defect called Dextrocardia Dextroposition. This rare congenital heart defect means that her heart is on the right side of her chest and it is turned backwards. When approached about taking on the role of honorary captain for Team UC, Miller thought that it would be a great idea to raise awareness about heart defects like hers.

"I have gone to many doctors that have been amazed at what they see with a defect like mine," Miller said. "America's Greatest Heart Run and Walk is such an amazing event and the fundraising that comes with it has been a tremendous help because the research is finally helping doctors find answers for me."

Two elements that play a big role in her condition are Bradycardia and Tachycardia. Bradycardia is when your heart rate goes to an extreme low (30s) and Tachycardia means your heart goes extremely high (about 180). Money for research has allowed her to have an internal monitor that transmits information about her heart rate to a hospital in Syracuse. Although she is faced with this condition, it has never stopped her from doing anything, especially playing sports all of her life.

"Although I do have to be cautious of my condition and I do have complications at times, it has never limited me from doing anything," Miller said. "It doesn't define me, I define it."



UC's Frank E. Gannett Memorial Library "GLOWs" red in support of women's heart health. 02/02-02/04

IN THE NEWS...

- **Dave Roberts**, adjunct professor of psychology, wrote a piece, "The Timelessness of Revelation" which was published on the news and opinion website *HuffPost*. 12/26
- **Nathan Bridge '18**, public relations major, reported for the New York Reporting Project at Utica College on *WAMC Northeast Public Radio* about a refugee family from Bhutan building their life in Utica. 1/2
- **Anthony Martino**, director of the Northeast Cybersecurity and Forensics Center at Utica College, was a guest on *WUTQ Talk of The Town 100.7 FM* to discuss Bitcoin and net neutrality. 1/3
- **Brett Orzechowski**, assistant professor of management and media, was mentioned in an article, "Muted Support for Ethics, Voting Reforms in Cuomo's State of the State" on the multimedia news organization *City and State New York* regarding his recent book on the Freedom of Information Law. 1/3
- **Luke Perry**, professor and chair of government and politics and director of UC's Center for Public Affairs and Election Research, was a guest on *WUTQ Talk of the Town 100.7 FM* to discuss the impact of Twitter on the modern presidency. 1/8
- *WUTR Eyewitness News* reporter Marlee Tuskes spoke with **Jeffery Gates**, senior vice president of student life and enrollment management, about Governor Cuomo's proposal to help students with student loan debt. 1/8
- **Luke Perry**, professor and chair of government and politics and director of UC's Center for Public Affairs and Election Research, was a guest on "First News with Keeler in The Morning" radio show on *WIBX* to discuss NY-22. 1/9
- Utica Police Department's Captain Don Cinque and Chief Mark Williams were guests on *WUTQ Talk of The Town 100.7 FM* and "First News with Keeler in the Morning" radio show on *WIBX* to discuss their emergency response drill of an active shooter that took place on Utica College's campus. 1/9
- Chief Mark Williams from the Utica Police Department was a guest on *WKTV News Channel 2 Sunrise Newstalk* about the emergency response drill of an active shooter on the Utica College campus. 1/10
- *WKTV News Channel 2*, *WUTR Eyewitness News*, *Spectrum News*, *The Observer-Dispatch*, *WIBX*, and *The Rome Daily Sentinel* reported from a media briefing with **President Laura Casamento**, Austen Givens, assistant professor of cybersecurity and emergency management incident commander, UPD Chief Mark Williams, and Captain Don Cinque after the emergency response drill of an active shooter at Utica College. (Below) 1/10



- *WUTR Eyewitness News* reporter Marlee Tuskes spoke with **Austen Givens**, assistant professor of cybersecurity and homeland security, about the emergency response drill. 1/10
- *Observer-Dispatch* reporter Joe Labernik spoke with **Joseph Giordano**, professor of practice and chair of cybersecurity, about an overview of the cyber programs at Utica College. 1/11
- *WUTR Eyewitness News* reporter Jamie DeLine spoke with **Anthony Martino**, director of the Northeast Cybersecurity and Forensics Center at Utica College, about digital evidence in divorce. 1/11
- *WUTR Eyewitness News* reporter Jamie DeLine spoke with **Leslie Corbo**, assistant professor of cybersecurity, about master's degrees in cyber at Utica College. 1/11
- **Luke Perry**, professor and chair of government and politics and director of UC's Center for Public Affairs and Election Research, and **Christopher Riddle**, associate professor and chair of philosophy and director of The Applied Ethics Institute at Utica College, wrote an opinion/editorial piece, "Politicizing Presidential Health is Dangerous" which was published on *U.S. News and World Report*. 1/11
- *Observer-Dispatch* reporter Ed Harris spoke with **Mehmet Sencicek**, associate professor of economics, about the cryptocurrency Bitcoin. 1/18



- *Observer-Dispatch* reporter Greg Mason spoke with **Jeffery Gates**, senior vice president of student life and enrollment management, about the proposed plans for new housing on Utica College's campus. (Above) 1/22
- **Luke Perry**, professor and chair of government and politics and director of UC's Center for Public Affairs and Election Research, was a guest on *WUTQ Talk of the Town 100.7 FM* and spoke with *WUTR Eyewitness News* reporter Marlee Tuskes about the government shutdown. 1/22
- *Her Campus At Utica* blogger **Celeste Gessner '20** spoke with international student **Bassel Dimashki '19** about why he decided to study at Utica College when he calls Lebanon home. 1/23
- *WKTV News Channel 2* reporter Rachel Murphy '11 spoke with **Kathleen Cullen**, assistant professor and interim chair of education, and **John Rowe**, executive director of graduate admissions, about Utica College's Teacher Apprenticeship Program. 1/23
- *Observer-Dispatch* reporter Greg Mason spoke with **John Johnsen**, provost and senior vice president of academic affairs, about his 40-year tenure at Utica College. 1/24

- *The Rome Daily Sentinel* ran a story about the opening reception of the exhibit “Mona Brody: In the Whisper of Silence” at Utica College in The Edith Langley Barrett Art Gallery. *1/24*
- *WKTV News Channel 2* reporter Kirk Tupaj spoke with **Anthony Martino**, director of the Northeast Cybersecurity and Forensics Center at Utica College, about net neutrality. *(At right) 1/25*
- *Spectrum News* reporter Brittani Moncrease and *WKTV News Channel 2* reporter Cody Mooney covered the Utica College men’s hockey team holding its annual fundraiser to benefit the Make-A-Wish foundation of Central New York. *1/28*
- *WUTR Eyewitness News* reporter Marlee Tuskes spoke with **Jeffery Gates**, senior vice president of student life and enrollment management, about the proposed new housing plans on Utica College’s campus. *1/29*
- **Luke Perry**, professor and chair of government and politics and director of UC’s Center for Public Affairs and Election Research, was a guest on “First News with Keeler in The Morning” radio show on *WIBX* to discuss the state of the union address. *1/29*
- **John Johnsen**, provost and senior vice president of academic affairs, was video taped by *Observer-Dispatch* reporter Sarah Condon for its Business Review section about why he chose to make Utica College as his home for so many years. *1/29*



- *WKTV News Channel 2* reporter Rachel Murphy ’11 spoke with **Jeffery Gates**, senior vice president of student life and enrollment management, about UC’s proposed plans to build new housing on campus. *1/29*
- **Luke Perry**, professor and chair of government and politics and director of UC’s Center for Public Affairs and Election Research, was on *WKTV News Channel 2* to discuss the analysis of the state of the union address. *1/30*

KUDOS

Leonore Fleming, associate professor of philosophy, recently published an article, “Two Dogmas of Biology” in the *Philosophy, Theory, and Practice in Biology Journal*. In this paper, Fleming analyzes two problems that have faced molecular biology for the last 50 years – protein folding and cancer. Both cases demonstrate the long influence of reductionism and determinism on molecular biology.

Kyle Green, assistant professor of sociology, recently co-authored a book, “Give Methods a Chance,” published by W. W. Norton & Company.

The book is a collection of short, accessible pieces designed to demystify the research process and show how methods are put into action. It offers a unique multimedia introduction to research methods and introduces readers to some of the most creative, exciting, and influential researchers in sociology. The text and complementary podcasts offer a distinctive, first-person window into how social scientists generate knowledge.

Brett Orzechowski, professor of management and media, recently authored a book, “FOIL: The Law and the Future of Public Information in New York,” published by Syracuse University Press.

The Freedom of Information Law (FOIL) allows any person to request and obtain, without explanation or justification, existing, identifiable, and unpublished government records, including documents, data, and video.

In the book, Orzechowski guides readers through the creation of the law and the concept of open government in the twenty-first century, offering a foundational understanding of how legislation works, who is exempt, and how the law was created for every citizen of New York State. He also examines the drafting of current legislation to strengthen the existing law and offers perspectives from those who are confronted with the real challenges of accessing public information every day.

Mary Siniscarco, assistant professor and chair of health studies, presented two workshops at the New York State Occupational Therapy Association (NYSOTA) annual conference on Nov. 4 and 5, 2017 in Albany. The two workshops were titled: “Self-injurious Behavior: Understanding the Sensory Triggers and Sensory Solutions” and “How to Facilitate Learning with Brain Gym and Specific Sensory Strategies.”

Please send information and photos for KUDOS to source@utica.edu.

UPCOMING EVENTS/TRAINING

Please visit utica.edu/hr/training for updates and to register.

For Health and Wellness events, visit utica.edu/hr/wellness

February

02/09/18 TIAA Individual Meetings. 9:00-5:00 p.m., Strebel 105C

02/16/18 H&W: Chair Massages

02/23- ALL IN THE TIMING - (Spring Play)

02/26/18 TH-SA - 7:30 p.m., SU - 2:00 p.m., Strebel Auditorium

March

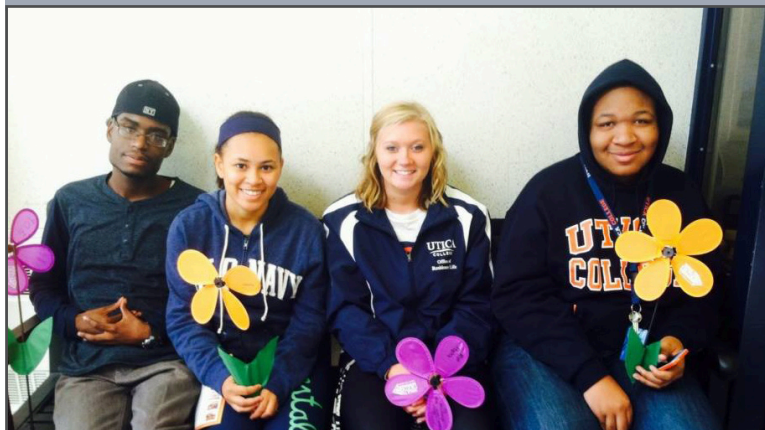
03/02/18 America's Greatest Heart Run and Walk Pre-registration, WIBX Radiothon, WKTV Heart Telethon, My Heart/My Life Expo with Health, Wellness Assessments, 9:00 a.m. to 9:00 p.m. Clark Athletic Center

03/03/18 America's Greatest Heart Run & Walk, 6:00 a.m.-1:00 p.m., UC campus

Monthly Chair Massages can be purchased by appointment, and are scheduled for the third Friday of every month- reserve your favorite time!

Check out HR's new page for training and development:
utica.edu/hr/trainingopp.cfm

UC HEALTH & WELLNESS



March 2018 Lunch & Learn: Alzheimer's Association

So many families are affected by Alzheimer's Disease.

Join us on March 2 to learn the facts. What's the difference between normal aging and dementia? How does the brain work? Learn the different stages of the disease and hear about clinical trials and an overview of services and programs offered by the Alzheimer's Association.

MLK DAY 2018

Utica College celebrated Dr. Martin Luther King Jr. with more than a week of events that included noteworthy speakers, films and an interactive workshop. Quotes from Dr. King were also placed around campus to help the UC community reflect on his legacy. 1/15 - 1/27

