



OFFICE OF HUMAN RESOURCES

Employee Assistance Programs

Effective October 1, 2009, Utica College began utilizing the services of Human Resource Directions as our new Employee Assistance Program provider for Utica College.

The attached welcome letter explains the enhanced services provided by HR Directions. HR Directions staff is available day or night and is proud to offer you and your family services including Adjustment, Relationship Counseling, Career Coaching, and many others.

Ms. Linda Yost-Dalton, President of HR Directions, will be attending our November 4th Benefits Fair to provide more information. She is looking forward to meeting all of you personally.

Special Announcement!

The Hartford Insurance Group has included with our basic group life insurance coverage, the following valuable benefit for our employees:

“Ability Assist” – The Hartford’s Ability Assist Program is offered by ComPsych, a leading provider of employee assistance programs. Services include counseling for emotional, financial and legal counseling for individuals and family members. Simply call 1-800-964-3577 for free and confidential counseling services. Since this was an added benefit included with our group life insurance coverage, we have the ability to offer our employees several resources for assistance when they have issues to deal with.

Contact the Office of Human Resources for assistance with questions at 792-3276 or email at rice@utica.edu.