

**James M. Smith**  
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**Education**

1979 - 1984 Northeastern University, Boston, Massachusetts  
Bachelor of Science in Physical Therapy  
1991 - 1995 University of Hartford, Hartford, Connecticut  
Master of Arts in Psychology (Neuroscience Program)  
2004 - 2006 Simmons College, Boston, Massachusetts  
Doctor of Physical Therapy

**Employment**

1984 - 1987 The Johns Hopkins Hospital, Baltimore, Maryland  
Physical Therapist  
1987 - 1988 Randallstown Physical Therapy Center, Baltimore, Maryland  
Physical Therapist  
1988 - 1989 Avon Physical Therapy Associates, Avon, Connecticut  
Manager  
1989 - 1999 Hartford Hospital, Hartford, Connecticut  
Physical Therapist II (1989)  
Physical Therapist III (1989 - 1993)  
Acute Care Supervisor (1993 - 1995)  
Physical Therapist, per diem (1995 - 1999)  
1995 - 1996 Advanced Rehab Systems, Avon, Connecticut  
Program Manager  
1996 - 2005 Naugatuck Valley Community College, Waterbury, Connecticut  
Director, Connecticut Community Colleges' Physical Therapist Assistant Program  
2002 - 2005 University of Hartford, Hartford, Connecticut  
Adjunct Instructor, graduate programs in Biology and Physical Therapy  
2005 - present Utica College  
Assistant Professor, Department of Physical Therapy  
2006 - present St. Elizabeth's Medical Center, Utica, New York  
Physical Therapist (per diem)

**Honors and Awards**

1999 ○ Congress of Connecticut Community Colleges' *Merit Award*  
2002 ○ American Physical Therapy Association's *F.A. Davis Award for Outstanding Physical Therapist Assistant Educator*  
○ New England College Council's and the College Board's (New England Community College Advisory Committee) *Hallmark Award for Excellence in Education*  
2003 ○ National Institute for Staff and Organizational Development's *2003 NISOD Excellence Award*  
2006 ○ *Keynote Speaker* at the Pinning/Commencement ceremony of the Connecticut Community Colleges' Physical Therapist Assistant Program

## Publications

- Bohannon RW, Smith J, Barnhard R. Grip strength in end stage renal disease. *Perceptual and Motor Skills*. 1994;79:1523-1526.
- Bohannon RW, Smith J, Barnhard R. Balance deficits accompanying renal disease are related to diabetic status. *Perceptual and Motor Skills*. 1995;81:528-530.
- Bohannon RW, Smith J, Hull D, Palmeri D, Barnhard R. Deficits in lower extremity muscle and gait performance among renal transplant patients. *Archives of Physical Medicine and Rehabilitation*. 1995;76:547-551.
- Bohannon RW, Smith J, Hull D, Palmeri D, Barnhard R. Strength, balance and gait before and after kidney transplantation. *International Journal of Rehabilitation Research*. 1997;20:199-203.
- Smith J. Curriculum assessment by student portfolio. *Center for Teaching Newslines*. 2000;Spring:3-4.
- Herrick AB, Smith J. Using web assisted instruction to enhance student preparation for and participation in class. *Health Policy Resource*. 2001;1:18-19.
- Smith J. Appropriate use of supportive personnel. *Health Policy Resource*. 2001;1:11.
- Smith J. Web-assisted instruction: student engagement in learning. *Innovation Abstracts*. 2002;24:4.
- Smith J. Pharmacological Risks Following Stroke (letter to the editor). *Physical Therapy*. 2005;85:81-82.
- Smith J, McKnight R. Clients with Stroke. In Umphred D, Carlson C. (Ed.), *Neurorehabilitation for the Physical Therapist Assistant*. 2006; Thorofare, NJ: Slack, Inc.
- Smith J. Reflections on professional practice and acute care physical therapy. *Acute Care Perspectives*. 2006;15(3):17-19.
- American Physical Therapy Association. *Normative Model of Physical Therapist Assistant Education, Version 2007*. 2007; Alexandria, VA: APTA (member of the task force that prepared this document).
- Smith J, Crist M. A primer on scientific and professional conferences, part 1: Professional development through active participation in a conference. *Acute Care Perspectives*. 2007;16(4):19-21.

## Scientific and Professional Presentations

- 1992 ○ *TENS Applications in Geriatric Rehabilitation: An Update of Research Findings for Management of Pain in the Elderly* (Connecticut Physical Therapy Association's Fall Conference)
  - *Geriatrics Seminar* moderator (Connecticut Physical Therapy Association's Fall Conference)
- 1999 ○ *Drug Influence on Recovery of Function Following Brain Injury* (Connecticut Physical Therapy Association's Fall Conference)
- 2001 ○ *Neuropharmacology in Brain Injury Rehabilitation* (Connecticut Physical Therapy Association's seminar: Brain Tumor: Global Considerations in Patient Management)
  - *Drugs That Enhance or Impair Neurorehabilitation* (Physical Therapy Tri-state Conference and Exposition 2001)
  - *Direction & Supervision in Aquatic Physical Therapy* (Physical Therapy Tri-state Conference and Exposition 2001) with Hazen, T. & Webster, P.
- 2002 ○ *Drugs That Enhance or Impair Neurorehabilitation* (APTA Combined Sections Meeting)
  - *Addressing the New Evaluative Criteria for PTA Programs* (panel member) and presented *A Process for Educational Program Assessment* (APTA Combined Sections Meeting) with Yap, S.
  - *Efficiency and Improvement Through Collaboration: The Benefits of a Multi-college Consortium* (Best Practices and Innovations at Associate Degree Granting Institutions) with

- Cardamone, S. & Fuller, B.
- *Cognitive Deficits Following Stroke: Implications for Rehabilitation* (Connecticut Physical Therapy Association's Annual Conference) with Chasman, J., Corsa, J. & LaMarche, P.
  - 2003 ○ *Issues in Neuropharmacology and Rehabilitation* (to the Charlotte Hungerford Hospital's medical staff)
  - *New Developments in Neuropharmacology: Implications for Geriatrics* (PT 2003) with Klima, D.
  - 2004 ○ *Practical Clinical Radiology for the Physical Therapist* (Connecticut Physical Therapy Association's Annual Conference) with Santos, A.
  - 2005 ○ *Implementing Clinical Research: Practical Tips for Developing Relationships Between Researchers and Clinicians* (APTA Combined Sections Meeting), moderator with presentations by Bohannon, R., Brennan, G., Fritz J. & Whitney, S.

### **Continuing Education Conducted**

- 1997-8 ○ *Transcutaneous Electrical Nerve Stimulation* (Naugatuck Valley Community College, Department of Continuing Education)
- 1997-9 ○ *Delegation and Supervision in Physical Therapy* (over 30 presentations to clinics and organizations)
- 1998 ○ *Introduction to Multimedia Techniques to Foster Learning Among PTA Students* (Physical Therapist Assistant Consortium of New England) with Barnes, K.
- 1999 ○ *Delegation and Supervision in Physical Therapy* (Physical Therapist Assistant Consortium of New England)
- 2000 ○ *Delegation and Supervision in Physical Therapy* (Physical Therapist Assistant Consortium of New England)
- *Direction and Supervision in Physical Therapy* (WWW-based tutorial)
- *Allied Health Careers Workshop for Counselors* (Center for Teaching) with Baer, S. & Milikowski, K.
- *Techniques and Resources to Advance Your Career* (Connecticut Physical Therapy Association's Annual Conference)
- *Direction and Supervision in Physical Therapy* (poster at the Connecticut Physical Therapy Association's Annual Conference)
- 2001 ○ *Web-enhanced Courses: How to Facilitate Students' Learning Outside the Classroom* (Naugatuck Valley Community College Division of Continuing Education)
- *TIPS: Technology Improving Presentation Skills* (Connecticut Physical Therapy Association)
- 2002 ○ *Culture and Diversity Issues in Physical Therapy Practice* panel member (Connecticut Physical Therapy Association's Annual Conference)
- 2003 ○ *Assuring CAPTE Compliance with Evaluation of the Clinical Education Program* (APTA Combined Sections Meeting) with Gray, D. and Zuber, L.
- *Drugs That Enhance or Impair Neurorehabilitation* (Avon Health Center's Programs for Healthcare Professionals)
- *Update on Neuropharmacology and Rehabilitation* (The Johns Hopkins Hospital)
- *Neuropharmacology and Rehabilitation* (New York Association of Homes and Services for the Aging: Rehabilitation Professionals Annual Conference)
- 2004 ○ *Pharmacology: Focus on Acute Care* (APTA Combined Sections Meeting preconference) with Ciccone, C. and Driscoll, J.
- *Pharmacology for Geriatric Rehabilitation* (New York Association of Homes and Services for the Aging: Rehabilitation Professionals Annual Conference)
- 2006 ○ *Evidence Based Medicine* (Bassett Health Care) with Crist, M.

- 2008 ○ State Society on Aging of New York / The Consortium of New York Geriatric Education Centers sponsored presentation *Cognitive Deficits Following Stroke* (Sitrin Health Care Center)

### **Membership in Scientific/Professional Societies**

#### American Physical Therapy Association (1982 – present)

- Acute Care/Hospital Clinical Practice Section
  - Abstract reviewer for Combined Sections Meeting (2004 – present)
  - Abstract writer: *Acute Care Perspectives* (1997 – 2000)
  - Board of Directors (2006 – present)
  - Bylaws Committee (2001 – 2007)
  - Education Committee (2002 – present, Chair 2006 – present)
- Awards Committee (2004 – 2008, Chair 2007 – 2008)
  - Education Subcommittee (2004 – 2008)
  - Mary McMillan Scholarship Award Subcommittee (2007 – 2008)
  - McMillan Lecture Subcommittee (2007 – 2008)
  - Practice and Service Subcommittee (2007 – 2008)
  - Publications Subcommittee (2007 – 2008)
  - Research Subcommittee (2007 – 2008)
- Members Mentoring Members program
  - Mentor (2003 – present)
- Neurology Section
- Department of Accreditation/Commission on Accreditation in Physical Therapy Education
  - On-site visitor (2001 – present)
  - Reader / Consultant (2006 – present)
- Section on Education
  - Abstract reviewer for Combined Sections Meeting 2003
  - Academic Administrators Special Interest Group
  - Physical Therapist Assistant Educators Special Interest Group
    - Secretary (2003 – 2004)
    - Listserv moderator (2004 – 2007)
- Task Force for “A Normative Model of Physical Therapist Assistant Education, Version 2007” (2004 - 2007)

#### American Society for Neurorehabilitation (2007 – present)

#### Connecticut Physical Therapy Association (1988 – 2005)

- Director (2001)
- Finance Committee (1997 – 2001)
- Legislative Committee (1988 – 1993, 1998 – 2005)
- Membership Committee (2000 – 2002)
- Minority Affairs Committee (2001 – 2005)
- Listserv moderator for the Delegation, Minority Affairs and Program Committees (2000 – 2007)
- Nominating Committee (Chair, 2003 - 2004)
- Northwest District Representative (2002, 2004)
- Physical Therapist Assistant Affairs Committee (1997 – 2001)
- Program Committee (1999 – 2001)
- Public Relations Committee (1989 – 2003, Chair 1990 – 1992)
- Publications Committee (2002 – 2003)
- Research Committee (reviewer: grants, 2001; conference proposals, 2002)

- Treasurer (1997 - 1998, 1999 - 2000)
- Vision Statement Taskforce (2000, 2003)

International Society for the Scholarship of Teaching and Learning (2005 – present)

Kappa Delta Pi, International Honor Society in Education

Maryland Chapter, American Physical Therapy Association (1984 – 1988)

- Legislative Committee (1984 – 1988)
- Publications Committee (Co-chair, 1986 - 1988)

New York Physical Therapy Association (2005 – present)

- Central District Student Conclave Coordinator (2006)

State Society on Aging of New York (2007 – present)

- Education Committee (2007 – present)

Physical Therapist Assistant Consortium of New England (1997 – 2005)

- Academic Section Chair (2000 – 2002)
- Clinical Faculty Development Institute (1999 – 2001)
- Educational Technology Committee (Chair, 1998 – 2005)
- Education Committee (1999 – 2005)
- Listserv moderator (2002 – 2007)

### **Consultative and Advisory Positions**

Connecticut Digital Library, Advisory Board (2002 - 2003)

Nomination Committee (2002)

Public Relations Committee (2002 – 2003)

Northwestern Connecticut AHEC (Area Health Education Centers), Inc.

Board of Directors (2002 – 2005, Chair 2004 - 2005)

Technology Committee, New Hartford Public Schools (1999 – 2003)

### **Grant Activity**

2000 Connecticut Distance Learning Consortium: \$2,500.00

2008 Utica College: \$250.00 in support of the investigation of *Roles and Responsibilities of Support Staff in Physical Therapy*

### **College Service, Utica College**

Committee on Academic Programs and Administration

- Representative of the School of Health Professions and Education (2006 – present)
- Assessment Subcommittee (2007 – present)

Faculty Athletics Representative (2007 – 2009)

- Search Committee: Head Football Coach (2007)
- Search Committee: Head Men's Basketball Coach (2008)

Gerontology program

- Advisory Committee for development of the Bachelor degree (2007 – present)

Physical Therapy Department

- Awards Committee (2005 – present)
- Curriculum Committee (2005 – present)
- Diversity Committee (2006 – present, Chair 2007 – present)
- Reader (research projects)
  - The Effect of Social and Enriched Environments in Functional Recovery in the Ischemic Rat, 2006 – 2007
- Student Advising

## Strategic Planning Committee

- Representative of the School of Health Professions and Education (2006 – present)

## **College Service, Naugatuck Valley Community College**

Academic Advising Advisory Committee, 2000 - 2005

Academic Computing Team, 1998 - 2004

Center for Teaching, 2000 - 2002

Commencement Committee, 1997

Common Course Numbering: Physical Therapy Courses Chairperson, 2000 - 2002

Community Advisor: Nursing and Allied Health Continuing Education, 1997 – 2001

Connecticut Collegiate Awareness and Preparation Program: guest lecturer, 1998 - 2004

Distance Learning Committee, 1997 – 2002

Educational Technology Mentor, 2000 – 2002

Max R. Traurig Library Advisory Committee, 2003 - 2005

NEASC Standard 7 (Information Resources and Services) Committee, 2001 - 2002

Physical Therapist Assistant Program accreditation

- Commission on Accreditation in Physical Therapy Education
  - Candidate for Accreditation, 1997
  - Accreditation, 1998, 2004
- Connecticut Board of Governors for Higher Education: Accreditation, 1998

Physical Therapy Club Advisor, 1997 – 2004

Promotion (awarded first year eligible), 2000

School to Career Workshop, 1997 - 2001

Search Committees

- Academic Coordinator of Clinical Education, Physical Therapist Assistant Program, 1996
- Associate Registrar, 2004
- Clinical Coordinator, Respiratory Care Program, 1997
- Counselor, Counseling Center, 1998
- Director of Nursing and Allied Health Continuing Education, 2002
- Director, Physical Therapist Assistant Program, 2005
- Librarian, 2004
- Nursing faculty (3 positions), Committee Chairperson, 2004

Self-study Report

- Physical Therapist Assistant Program Candidacy for Accreditation, 1996
- Physical Therapist Assistant Program Accreditation, 1998, 2003

Steering Group: Connecticut Community Colleges / University of Connecticut articulation for Bachelor of Science in Allied Health, 2002 - 2004

Strategic Planning Committee, 1997

Strategic Planning Advisory Committee, Connecticut Community College System, 2002 – 2004

Strategic Planning Committee, Allied Health, Nursing and Physical Education Division, 2002 – 2005

- Chair, 2002 – 2003

Strategic Planning Taskforce: NVCC Committee on Best Practices, 2002 – 2003

Tenure, 2002

## **Teaching Responsibilities**

Naugatuck Valley Community College

PTA101- Introduction to Physical Therapy (1997)

PTA230- Physical Agents in Physical Therapy (1998 – 2005)

PTA250- Therapeutic Exercise (1998 – 2005)  
 University of Hartford  
 BIO/PT515- Neuroscience (2003 – 2005)  
 BIO744/PSY633- Introduction to Clinical Neurology (2002 – 2005)  
 Utica College  
 Fall semester, 2005  
 PHT 621- Case Based Discussion V (5 credit hours, 5 contact hours/week)  
 PHT 622- Clinical Laboratory V (5 credit hours, 7 contact hours/week)  
 Spring semester, 2006  
 PHT 643- Clinical Laboratory IV (½ of course; 5 credit hours, 7 contact hours/week)  
 PHT 645: Critical Inquiry Seminar IV (3 credit hours, 3 contact hours/week)  
 PHT 714- Pharmacology and Pathophysiology (3 credit hours, hybrid lecture and online course)  
 Fall semester, 2006  
 PHT 714- Pharmacology and Pathophysiology (3 credit hours, hybrid lecture and online course)  
 PHT 741: Case Based Discussion V (5 credit hours, 5 contact hours/week)  
 PHT 743: Clinical Laboratory V (3 credit hours, 7 contact hours/week)  
 PHT 759: Caring for the Community IV (1 credit hour, 1½ contact hours/week)  
 Spring Semester 2007  
 PHT 643- Clinical Laboratory IV (½ of course; 3 credit hours, 7 contact hours/week)  
 PHT 645: Critical Inquiry Seminar IV (3 credit hours, 3 contact hours/week)  
 PHT 659: Caring for the Community III (1 credit hour, 1½ contact hours/week)  
 PHT 712: Prevention and Wellness (3 credit hours, hybrid lecture and online course)  
 PHT 714: Pharmacology and Pathophysiology (3 credit hours, hybrid lecture and online course)  
 Fall semester, 2007  
 PHT 714- Pharmacology and Pathophysiology (3 credit hours, hybrid lecture and online course)  
 PHT 741: Case Based Discussion V (6 credit hours, 6 contact hours/week)  
 PHT 743: Clinical Laboratory V (3 credit hours, 7 contact hours/week)  
 PHT 759: Caring for the Community IV (1 credit hour, 1½ contact hours/week)  
 Spring Semester 2008  
 PHT 643- Clinical Laboratory IV (½ of course; 3 credit hours, 7 contact hours/week)  
 PHT 645: Critical Inquiry Seminar IV (3 credit hours, 3 contact hours/week)  
 PHT 659: Caring for the Community III (1 credit hour, 1½ contact hours/week)  
 PHT 714: Pharmacology and Pathophysiology (3 credit hours, hybrid lecture and online course)

**Licensure**

Physical Therapist: Connecticut license number 003866  
 New York license number 027948-1

**Continuing Education and Professional Development**

- 1984 Tone and Postural Reactions: Assessment and Implications for Treatment  
 The Cyriax Approach to Orthopedic Medicine, Special Seminar: Low Back, Sacrum and Hip
- 1985 Final Program for Post-graduate Conference in Chronic Pain  
 Current Concepts and Technique in Orthopedic Care  
 Myofascial Release  
 Administrative Theory and Practice  
 Organization Theory and Design
- 1986 The BTE Work Simulator in a Work Hardening Program

- Electrotherapy  
 S-1 Introduction to Spinal Evaluation and Manipulation  
 Examination and Treatment of Lumbar Spine: McKenzie Approach  
 Post-polio Syndrome: Meeting the Challenge  
 An In-depth Laboratory Review of the Lumbar Vertebral Column  
 Entrepreneurship and New Venture Management  
 Business and Morality: Ethics in Context  
 Quantitative Analysis III  
 Theory and Application of Management Science  
 The Economic Environment
- 1987 Functional Orthopedics I  
 APTA of Maryland Education and Business Meeting  
 The Athletic Shoulder: Recognition of Injury, Treatment and Rehabilitation  
 Executive Use of Microcomputers
- 1988 APTA Combined Sections Meeting  
 PNF 1: The Functional Approach to Posture and Movement Re-education  
 APTA of Maryland Education and Business Meeting
- 1989 Care of the Unconscious Patient  
 Connecticut Physical Therapy Association's Racial Awareness Workshop  
 The Role of the Clinician as a Clinical Educator
- 1990 Musculoskeletal Pain Syndromes: Evaluation, Classification and Treatment  
 Coaching for Student Success: Skills for the Clinical Instructor
- 1991 The Anatomical Basis for Differential Diagnosis of Somatic Dysfunctions  
 An Integrated Activity-based Approach to Treating CNS Dysfunction: Perceptual, Motor, Cognitive  
 Understanding Foot Dysfunction: Evaluation and Treatment  
 American Physical Therapy Association's 1991 Conference  
 Issues in Motor Learning and Motor Control: Implications for Therapeutic Interventions  
 Advanced Clinical Instructor's Course: Managing Problem Situations in Student Clinical Instruction
- 1993 Ericksonian Hypnosis and Psycho-oncology  
 Seminar in the Rheumatic Diseases  
 Fifth Annual Conference on Rebuilding Shattered Lives  
 Connecticut Physical Therapy Association's 1993 Fall Conference  
 Coaching Skills for Managers and Supervisors
- 1994 Multi-skilled Worker
- 1995 Second Annual Geriatric Rehabilitation Conference  
 Breaking the Bonds: Individualized Care Alternatives to Physical and Chemical Restraints
- 1996 APTA Combined Sections Meeting  
 Physical Therapy '96  
 The Ethics of Managed Care  
 Connecticut Physical Therapy Association's Fall Conference  
 Teaching Effectiveness Strategies: A Conference for Academic and Clinical Faculty  
 The Center for Teaching Excellence: Faculty Teaching Institute  
 Critical Thinking for Mathematics, Science, and Allied Health Educators
- 1997 Connecticut Physical Therapy Association's Spring Conference  
 Health and Wellness Initiatives in Rehabilitation  
 Connecticut Physical Therapy Association's Fall Conference

- Self-Study Workshop for PTA Programs
- Enrichment Workshop for PT and PTA Faculty
- Successful Teaching Evaluation Programs
- 1998 APTA Combined Sections Meeting
- What's New in Rehab Reimbursement?
- Southern New England APTA Conference and Exposition
- Creativity in the Classroom
- 1999 Physical Therapy '99
- Connecticut Physical Therapy Association's Spring Conference: Physical Therapy in the New Millennium- Complex Medical Management Considerations Across the Continuum
- Ensuring Your Future: The Profession, Practice and Policy (APTA's 10<sup>th</sup> Annual Government Affairs Forum)
- Connecticut Physical Therapy Association's Fall Conference
- Learning Outcomes: Building Blocks for Excellence
- 2000 Legal Issues in Rehabilitation
- Direct Access to a Stronger Future: Connecticut Physical Therapy Association's Annual Conference
- Case Studies in Education
- Workshop for On-site Visitors (APTA's Department of Accreditation)
- 2001 Enhancing Function: Treatment Strategies in Patients with Cerebrovascular Accident
- APTA Component Leadership Seminar
- Motor Learning: Theory and Application to the Pediatric Patient
- Physical Therapy Tri-state Conference and Exposition 2001
- 2002 APTA Combined Sections Meeting
- The Bottom Block: A Foundation for the Kinetic Chain
- Physical Therapy 2002
- Connecticut Physical Therapy Association's Annual Conference
- 1997 Amendments to IDEA: Autism Spectrum Disorder
- Self-Study Workshop for PTA Programs
- 2003 APTA Combined Sections Meeting
- Physical Therapy 2003
- Connecticut Physical Therapy Association's Annual Conference
- New York Association of Homes and Services for the Aging: Annual Rehabilitation Professionals Conference
- 2004 APTA Combined Sections Meeting
- Connecticut Physical Therapy Association's Annual Conference
- 2005 APTA Combined Sections Meeting
- Differential Diagnosis and Management of Peripheral Arterial Occlusive Disease
- 2006 APTA Combined Sections Meeting
- 2007 APTA Combined Sections Meeting

**Community Activities**

- 1985-1990 Assistant Scoutmaster, Boy Scouts of America
- 1990-1997 New Hartford Water Pollution Control Authority
- 1995-2002 Farmington River Coordinating Committee
- 1998-2002 Assistant Coach, New Hartford Youth Soccer
- 1999-2004 Assistant Financial Secretary, Saint Paul's Lutheran Church
- 2002, 2003 Assistant Coach, New Hartford Baseball

- 2003, 2004 New England (whitewater) Slalom Series champion in the OC-1 Master medium and OC-2 Cadet/Senior classes  
Open Canoe Slalom National and North American Championships
- 2005 OC-2 Cadet/Senior class- 1<sup>st</sup> place with Patrick Smith  
OC-1 Masters Race class- 3<sup>rd</sup> place
- 2007 OC2 Combined Downriver/Slalom Open Race Class: 1<sup>st</sup> place with Patrick Smith  
OC2 Youth/Senior Race Class: 2<sup>nd</sup> place with Patrick Smith  
OC1 Open 15 Race Class: 2<sup>nd</sup> place  
OC1 Masters 15 Race Class: 2<sup>nd</sup> place  
OC1 Masters Race Class: 3<sup>rd</sup> place
- 2006-2007 Coach, American Youth Soccer Organization U-12 Team
- 2006-present Column in the Utica Observer-Dispatch (newspaper) Healthy Living Supplement:  
-*An Exercise Plan for Summer* (July, 2006)  
-*Have Some Fun With Those Summer Fitness Programs* (August, 2006)  
-*Exercise for Stress Management* (June, 2007)  
-*Holiday Gift Idea Guarantees to Get Their Heart Racing* (December, 2007)  
-*4 Simple Steps Can Do Wonders for Heart Health* (February, 2008)  
-*There are Steps You Can Take to Prevent Stroke* (April, 2008)  
-*Women Not Immune to Cardiovascular Disease* (May, 2008)
- 2008 Science Fair Judge, Clinton High School